

WELCOME ABOARD COMMANDER FLEET ACTIVITIES SASEBO



JOIN FLEET & FAMILY SUPPORT CENTER &
CFAS COMMUNITY EXPERTS IN..
SPONSORSHIP ON DEMAND



GET THE ANSWERS FROM THE EXPERTS ON YOUR PCS
QUESTIONS PRIOR TO ARRIVING IN SASEBO. JOIN US ON
TEAMS EVERY 2ND & 4TH FRIDAY** @ 0800 JAPAN TIME

[HTTPS://TINYURL.COM/FFSCSASEBO](https://tinyurl.com/ffscsasebo)



****DAYLIGHT SAVING TIME**
(SPRING FORWARD)**

THURSDAYS

1400 HDT

1600 PDT

1700 MDT

1800 CDT

1900 EDT

****STANDARD TIME**
(FALL BACK)**

THURSDAYS

1300 HST

1500 PST

1600 MST

1700 CST

1800 EST



FOR MORE DETAILS EMAIL: FFSCSASEBO@US.NAVY.MIL