

# Welcome Aboard!

USS Dewey (DDG 105)



**Dynamis Ex Cardias**

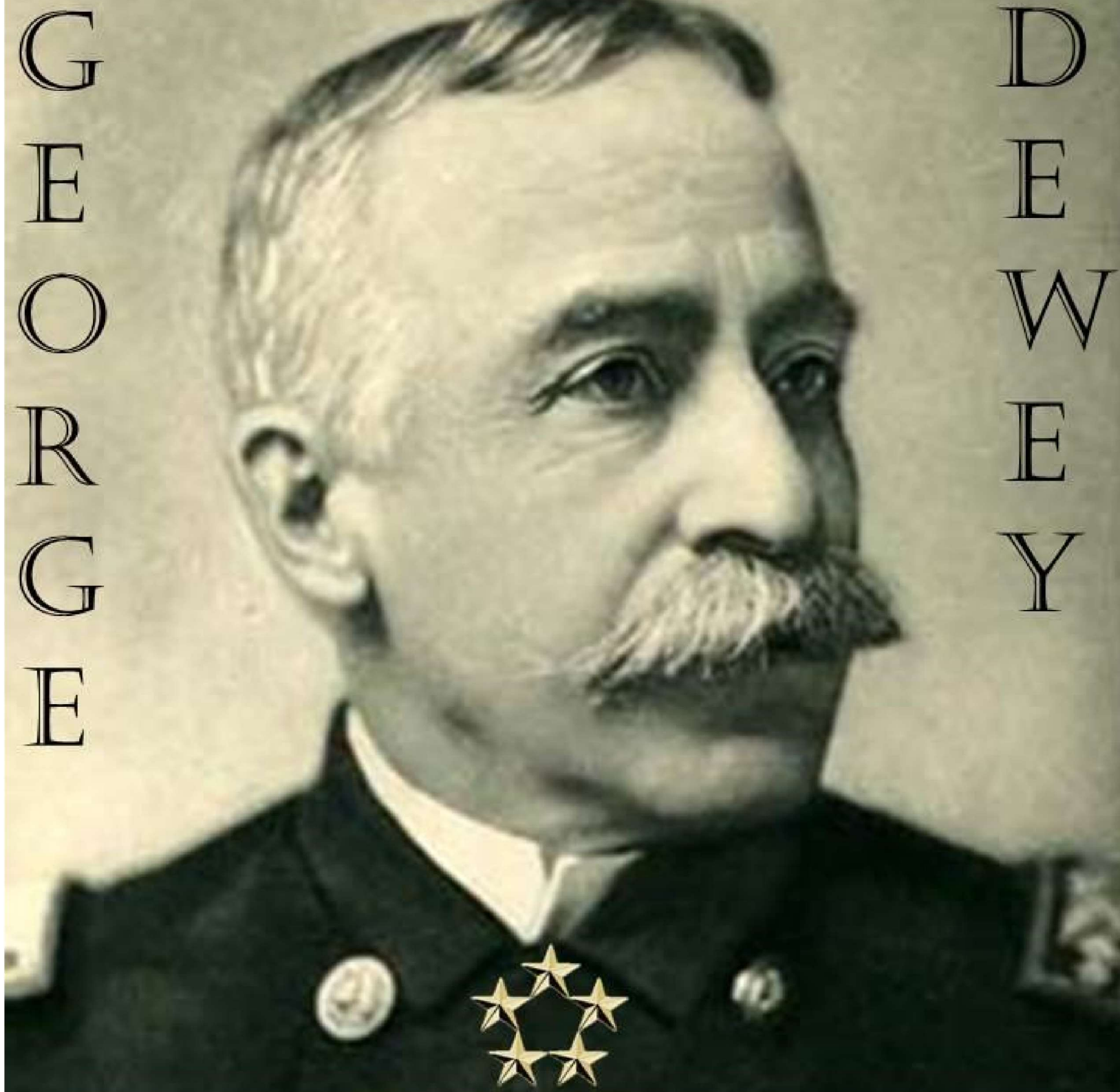
**“The Will to Fight from the Heart”**

## THE DEWEY CREST

**Symbolism:** Dark blue and gold are the colors traditionally associated with the Navy, representing the sea and excellence. The chevron and chevronels denote the prow of the ships, commemorating the previous three ships named for Admiral Dewey. The tiger, the symbol of fierceness, valor and dangerous when enraged in combat, signifies his bravery as he commanded the Asiatic Squadron to sail to Manila and destroy the Spanish Fleet, without a single loss of American life. The palm fronds indicate the Pacific combined with the tiger's head, symbolizing Admiral Dewey being renowned as the “Hero of Manila.” The wavy chief represents the Admiral's authority, when he assisted in the capturing of Manila. The fess and stars highlight the highest promotion created by Congress for Admiral Dewey, awarded the rank “Admiral of the Navy” and honors his distinguished service to his country.

**CREST:** The trident denotes sea prowess and the modern warfare capabilities of the USS DEWEY. The crossed naval swords symbolize Admiral Dewey's long military career that extended past the legal retirement age. The stars represent the 18 battle stars earned by the previous ships, for service that stretched the length of World War II to Vietnam.

**MOTTO:** The colors of the scroll allude to the ribbon of the Dewey Medal, established by Congress to commemorate the Battle of Manila Bay. The inscription “DYNAMIS EX CARDIAS” denotes the drive of the service member that nothing else matters in war.



**(December 26, 1837 – January 16, 1917)**

George Dewey was an Admiral of the United States Navy. Many historians called him the "Hero of Manila." He is best known for his victory at the Battle of Manila Bay during the Spanish-American War. The battle was won without the loss of a single life of US forces due to combat. He opened fire with the command "You may fire when you are ready, Gridley." He was the only person in the United States to have attained the rank of Admiral of the Navy. In 1900, as president of the General Board of the Navy, he was instrumental in the development of a larger fleet and greater naval presence, including the voyage of the Great White Fleet in 1907.



# Commanding Officer

## CDR Ivan Dobrev



A native from Bulgaria, CDR Dobrev immigrated to the United States in 2004, enlisted in the US Navy in 2005, and earned his commission from the Officer Candidate School in 2008. He has a Master of Science degree in Marine Transportation Engineering from the Naval Academy – Varna, Bulgaria and a Master of Business Administration degree from Carnegie Mellon University. He also completed JPME Phase 1.

CDR Dobrev's assignments at sea include Operations Specialist on USS CARR (FFG 52), Auxiliaries Officer and Main Propulsion Officer on USS BARRY (DDG 52), Navigator on USS CARNEY (DDG 64), Chief Engineer on USS WILLIAM P. LAWRENCE (DDG 110), and Combat Systems Officer in Destroyer Squadron THREE ONE. During these tours, CDR Dobrev completed four deployments in FIFTH, SIXTH, and SEVENTH Fleet Areas of Operation. He most recently served as the Executive Officer on USS MILIUS (DDG 69).

Ashore, CDR Dobrev served as a Naval Science Instructor, Carnegie Mellon University NROTC Unit, U.S. Pacific Fleet's Lead Joint Exercise Planner for Southeast Asia, and Fleet Training Standards Manager (N72) for the Commander, US Pacific Fleet.

CDR Dobrev's personal decorations include the Navy Meritorious Service Medal, Navy and Marine Corps Commendation Medal (3 awards), and Navy and Marine Corps Achievement Medal (2 awards).



## **Executive Officer** **CDR Jordan White**

Commander Jordan White is a native of Stockton, California, and began his career at the Naval Academy Preparatory School in May 2003 and subsequently received a commission from the United States Naval Academy in 2008 with a Bachelor's of Science Degree in Systems Engineering. He also holds a Master's of Science Degree in Systems Engineering from the Naval Postgraduate School in Monterey, CA.

Commander White completed his division officer tours aboard USS COWPENS (CG 63) as Communications Officer, aboard USS MUSTIN (DDG 89) as Damage Control Assistant, both forward deployed to Yokosuka, Japan. He then served aboard USS REUBEN JAMES as Navigator. As a department head, he served as Chief Engineer and subsequently Combat Systems Officer onboard USS MUSTIN (DDG 89), forward deployed in Yokosuka, Japan. Commander White went on to serve as the Materiel and Supply Officer at Destroyer Squadron NINE, completing a Fifth and Seventh Fleet deployment.

Ashore, Commander White served as the Officer-In-Charge of Afloat Training Group Western Pacific, Detachment Sasebo.

Personal decorations include the Navy Commendation Medal (four awards), Navy Achievement Medal (two awards) and various other personal, unit, and campaign awards.

He is married to Anne White from Hanoi, Vietnam and they have an infant daughter, Juliana



## **Command Master Chief** **CMDCM Phillipp Paul Pickle Jr**

Command Master Chief Pickle is a native of Lodi, CA. He enlisted in the U.S. Navy in July 1999. Following completion of basic training at Recruit Training Command, Great Lakes, Illinois, he completed seaman apprenticeship training.

Fleet assignments include USS GEORGE WASHINGTON (CVN 73), Norfolk, Virginia; USS LA SALLE (AGF 3), Gaeta, Italy; RIVERINE SQUADRON 1, DET 1, Little Creek, Virginia; MOBILE SECURITY SQUADRON 2 (MSRON 2), DET Charlie, Portsmouth, Virginia; and USS SAMPSON (DDG-102), Everett, Washington.

Ashore, he served at Naval Training Center (NTC), Great Lakes, Illinois; Afloat Training Group Pacific Northwest (ATGPN), Everett, Washington; Naval Base Ventura County (NBVC), Point Mugu, CA; and Military Entrance Processing Station (MEPS), Nashville, TN.

Master Chief Pickle is currently serving as the Senior Enlisted Leader onboard USS DEWEY (DDG-105) home-ported in Yokosuka, Japan. Master Chief Pickle is a graduate of the U.S. Navy Senior Enlisted Academy (Class 208/RED) and Naval Ethics and Leadership Center (CMC/COB) course, Class 211, and has earned his Master Trainor Certification and Afloat Training Specialist designation. His awards include Meritorious Service Medal, Navy and Marine Corps Commendation Medal (two awards) and Navy Achievement Medal (five awards), and various other personal and unit awards.

Master Chief Pickle is married to former Nicole Valencia of Napa, California and they have three children. Joshua who is 20 years old, Jeremiah who is 17 years old and Nathaniel who is 11 years old.



# Welcome to the Dewey Family!

Congratulations on your orders to the USS Dewey (DDG-105)! We are here to help you and your family transition to life in Yokosuka as your command ombudsmen! First off, what is an Ombudsman you may ask? We are the official representatives that act as a liaison between the command, it's sailors and their families. As your ombudsman, it is our job to keep our families informed about command happenings, share local and on-base happenings, as well as be a source of information or resources when you may need it most and don't know who to turn to. We know that moving to Japan can be hard whether it's your first overseas station or not, so if we can help ease that transition, we are more than happy to! Our contact information is below along with a few websites and social media pages that may help, but please feel free to reach out to us with any questions or concerns you may have!

## Ombudsman Names & Contact info:

Shelyce Politano & Courtney Prohaska  
Email: [ombudsman.ddg105@gmail.com](mailto:ombudsman.ddg105@gmail.com)  
Phone: +81 070 8812 2406

*\*\*You can also send us a chat on our Facebook Page if that is easier\*\**

## Social Media Pages

### Facebook:

[USS Dewey Ombudsman](#) Profile (Look for the official Ombudsman logo, NOT the public page)

[USS Dewey \(DDG 105\)](#)

[Yokosuka Dewey Family Connections](#) (for spouses and families – where most of the events are shared)

*\*\* USS Dewey – DDG 105 Families (NOT officially affiliated with our command)*

## Pet Parents

**Get started on the paperwork ASAP - There is a quarantine period for ALL incoming pets!**

Follow the Facebook page [Yokosuka Pet Owners \(CFAY\)](#). This will be the page that has the most info for dog walkers, pet sitters and recommendations for off-base vets

**\*\* The on-base vet is short staffed and can be hard to get appointments with. It is HIGHLY recommended to get an off-base primary vet once you arrive and have completed the quarantine period.**

## Kid Parents

### School Liaison Officer:

Bradley. P Schmid  
CFA Yokosuka, Japan  
DSN: 315-243-5542  
[bradley.schmid@fe.navy.mil](mailto:bradley.schmid@fe.navy.mil)

[On-Base DODEA Schools](#)

[Child & Youth Programs Office](#)  
(<https://www.navy.mil/yokosuka.com/child-youth>)

## Websites:

<https://cnri.cnrc.navy.mil/Installations/CFA-Yokosuka> (The Yokosuka Base)

[Military OneSource - PCS & Military Moves](#)

[NAVSEA - Move \(PCS\) to Japan](#)



# YOKOSUKA SPONSORSHIP ON-DEMAND

## PCS-ING TO YOKOSUKA?

### *Ask the Experts!*

CFAY representatives will be available to answer your questions!

#### MORE INFORMATION

- 📞 243-3372/046-816-3372
- ✉️ FFSCinfo@us.navy.mil
- 🌐 facebook.com/ffscyokosukajapan



**EVERY 1ST & 3RD  
THURSDAY**

**0800-0900 JST**



**JOIN  
HERE!**

**MICROSOFT TEAMS MEETING**  
**GO TO: [HTTPS://TINYURL.COM/2297PM75](https://tinyurl.com/2297PM75)**

**OR CALL IN (AUDIO ONLY)**  
**+1 410-874-6751 ID: 814 971 239 #**



# NEWLY ARRIVING SAILORS

## CHECK-INS

The Officer of the Deck should have stamped your original orders with the date and time arrived. Make sure to sign and date the last page of this packet, once you have been briefed on all areas. Upon arriving to Japan all SOFA members must attend AOB/ICR. It is highly recommended to schedule your class ahead of time to ensure you have a seat. Further information is provided later in this package.

## BARRACKS POLICY

Sailors shall live on the ship until the chain of command authorizes otherwise. Command INDOC shall be completed at the bare minimum before consideration of off-board barracks is possible. Personnel must refrain from entering berthing of the opposite sex.

## ALCOHOL POLICY

Alcohol is not permitted onboard at any time, for any reason. If you are of age, drink responsibly. Always have a plan. Public drunkenness and driving under the influence will not be tolerated. If you aren't of age, don't drink at all.

## FRATERNIZATION POLICY

"Fraternization" is defined as any unduly familiar relationship between two or more members of the Naval service within the same command where a senior/subordinate working relationship exists and the relationship fails to respect differences in rank and grade. Fraternization is a gender neutral concept. Its focus is on the impairment of good order and discipline resulting from the erosion of respect for authority inherent in an unduly familiar senior/subordinate relationship, not the gender of the members involved.

For the enhancement of morale and esprit-de-corps, appropriate professional and social interaction among officers and enlisted service members in DEWEY will be maintained at all times. Members found violating this policy will be disciplined in accordance with the guidelines set forth in the Uniform Code of Military Justice (UCMJ). Listed below are examples of inappropriate relationships which constitute fraternization:

- (1) Officer and enlisted.
- (2) Chief Petty Officer (CPO) and juniors.
- (3) Same Chain of Command. (i.e. Work Center Supervisor or Watch Supervisor).
- (4) An unduly familiar relationship more than one pay grade up or down.
- (5) Any relationship prejudicial to good order and discipline.

## DATING

Dating between shipmates is discouraged. It weakens good order and discipline and does not foster professionalism in the workplace. Romantic involvement with a shipmate is not an excuse for compromising safety, mission readiness, or good order and discipline. Dating shipmates can cause degradation of mission readiness in the following ways: Fosters favoritism, DEWEY's ability to fight and win, creates jealousy, impairs or prevents the professional performance of duties, generates loose talk feeds the "rumor mill," and fosters the perception of inappropriate relations or dating.

## LIBERTY POLICIES

Liberty will normally be granted at the end of each working day and on weekends unless you are in a duty status. Liberty in Yokosuka can be a rich and rewarding experience and all sailors are highly encouraged to get off base and explore. While liberty in Yokosuka is generally safe and fun, there are a few rules that should be followed.

Liberty expires: Monday thru Friday- 0730

Sailors must be ready to get underway at a moment's notice. Take this into consideration while on liberty, since you may be recalled or required to sail at early hours of the day.

**BUDDY SYSTEM** - Although not mandatory, enjoying liberty with a few shipmates can mitigate many problems that could arise should you choose to venture out on your own. In the unlikely case that a situation should occur, having a buddy can be a lifesaver.





**FREQUENTLY CALLED NUMBERS YOKOSUKA**

ACTION LINE	243-2567
AMERICABLE (TV & INTERNET)	241-2288
AMERICAN EMBASSY	224-5000
AMERICAN RED CROSS	243-7490
AUTO HOBBY SHOP	243-5456
AUTO RENTAL	243-4456
AUTO PORT - SERVICE CENTER	243-5826
GAS & GARDEN SHOP	243-5013
BANK OF YOKOHAMA YEN RATE	046-824-3313
BARBER SHOPS – MAIN NEX	243-5384
FLEET REC CENTER	241-4168
NGIS BLDG. 1556 (former BOQ)	243-5871
BEAUTY SHOP	243-3680
BILLETING – BEH-CBQ	243-5569
NAVY GATEWAY INN (former BOQ)	243-7317
TPU	243-5162
BOWLING CENTER	243-5158
BUS DESK (NARITA & YOKOTA)	243-7777/2287
CFAY CHECK-OUT DESK	243-9606
CHAPEL OF HOPE	243-6773/6774
CHILD CARE – MAIN CDC	243-5964/3219
HOURLY CDC	241-4101
PART DAY PRE-SCHOOL	243-3219
HOME CARE CDH	243-5478
CLUBS – ENLISTED	243-5951/3415/3000
CPO CLUB	243-5506
OFFICER'S CLUB	243-5788/5624/7318
<b>COMMAND DUTY OFFICER</b>	<b>243-2300</b>
COMMISSARY STORE	243-7628
DELI	243-5193
COMMUNITY CENTER	243-6713
HOBBY MART	243-5040
COMMUNITY BANK	243-4585/4586
DENTAL CLINICS – MAIN	243-8808
FLEET	243-7963

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**YOKOHAMA/NEGISHI****EMERGENCY NUMBERS**

FIRE – ON BASE	911
OFF BASE	045-281-4188
AMBULANCE – ON BASE	911
OFF BASE	045-281-4100
POLICE – ON BASE	911
OFF BASE	045-281-4270/4271

**FREQUENTLY CALLED NUMBERS**

BANK (MON-WED-THU 1200-1700)	242-4442
BARBER & BEAUTY SHOP	242-4149
BILLETING – BEH-CBQ-BOQ	242-4170
BOWLING CENTER	242-4123
CHAPEL OF THE RISING SUN	242-4183
CHILD CARE CENTER	242-4316
DENTAL/MEDICAL CLINIC	242-4162/4165
CLUB (ALL HANDS)	242-4151
FIRE DEPT (NON-EMERGENCY)	242-4188
GARAGE (NEX)	242-4148
HOUSING OFFICE	242-4250/4276
LIBRARY & FFSC ANNEX	242-4125
MILITARY POLICE – ON BASE	242-4111/4112
OFF BASE	045-281-4111/4112
MWR	242-4120
NAVY EXCHANGE & COMMISSARY	242-4155
OIC CFAY YOKOHAMA DET	242-4101
POST OFFICE	242-4114
FAX	242-4860
PUBLIC WORKS TROUBLE DESK	115
SCHOOL – BYRD ELEMENTARY	242-4815
YOUTH CENTER	242-4131

DRIVER'S LICENSE OFFICE	243-5647
DRY CLEANING	243-5659
EMPLOYMENT – HRO	243-5725
MWR PERSONNEL	243-5446
NEX PERSONNEL	243-5150
FAMILY ASSISTANCE TEAM (FAST)	243-5840
FLEET & FAMILY SUPPORT CENTER:	
INFORMATION & REFERRAL	243-6716/3372
COUNSELING SERVICES	243-9624
FAMILY ADVOCACY	243-7878
NEW PARENT SUPPORT	243-7878
RELOCATION ASSISTANCE	243-7935
TRANSITION ASSISTANCE	243-9630/9621
FIRE DEPT (NON-EMERGENCY)	243-5292
FOOD SERVICES:	
ANTHONY'S PIZZA (BAYSIDE CAFE)	243-4440
ANTHONY'S PIZZA (DELIVERY)	241-3663
ANTHONY'S PIZZA (NEX)	243-3464
BOWLING CENTER SNACK BAR	243-6802
CHILD'S (TAKE OUT)	243-3843
FOOD COURT – MAIN NEX	243-3464
MAIN STREET USA	243-4772
FLEET REC CTR	243-6504
GALLEY – JEWEL OF THE EAST	243-5742
SBARRO	241-2222
TACO BELL	241-4528
GYMS – PURDY GYM	243-5398/7264
SEAHAWK NATATORIUM	243-5620
FLEET REC CENTER	243-5304
HOSPITAL INFO	243-7144/5247
CENTRAL APPOINTMENTS	243-5352
MILITARY SICK CALL	243-5352
TRICARE	243-9528/8992
HOUSING SERVICES CENTER	243-4663/9037
INSURANCE OFFICE (NEX)	243-4950
ITT (INFO TOURS & TICKETING)	241-5056/5057
KENNEL	243-4530

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**IKEGO**

FIRE-POLICE-AMBULANCE	911
ANTHONY'S PIZZA	246-8648
BARBER & BEAUTY SHOP	246-5950
CHILD DEVELOPMENT CENTER	246-8060
CLUB TAKEMIYA (ALL HANDS)	246-8077/8075
FIRE DEPT. (NON-EMERGENCY)	246-8011
FLEET & FAMILY SUPPORT CENTER	246-8052
HOUSING OFFICE	246-8027
MILITARY POLICE – ON BASE	246-8367/8368
OFF BASE	046-806-8367/8368
MWR	246-8071
NEX MINI MART	246-7993
OIC CFAY IKEGO DET	246-8042
POST OFFICE	246-8051
PUBLIC WORKS TROUBLE DESK	115
SCHOOL – IKEGO ELEMENTARY	246-8320
YOUTH CENTER	246-8301

**LOCAL AREA DIRECT DIAL ACCESS**

YOKOSUKA (243 PREFIX)	(046) 816-XXXX
YOKOSUKA (241 PREFIX)	(046) 896-XXXX
NEGISHI	(045) 281-XXXX
IKEGO	(046) 806-XXXX
ATSUGI	(0467) 63-XXXX

**DIRECT PHONE CALLS FROM THE U.S.**

YOKOSUKA (243 PREFIX)	011-81-46-816-XXXX
YOKOSUKA (241 PREFIX)	011-81-46-896-XXXX
NEGISHI	011-81-45-281-XXXX
IKEGO	011-81-46-806-XXXX

**(XXXX = THE LAST FOUR DIGITS OF THE PHONE NUMBER BEING CAL)**

LEGAL OFFICE (NLSO)	243-5141
LIBRARY	243-5574/7249
MAIN GATE – PASS& DBIDS OFFICE	243-5125
MENTAL HEALTH CLINIC	243-5171
MOVIE INFO LINE	243-6703
NAVY COLLEGE PROGRAM	243-8131
NAVY EXCHANGE MAIN STORE	243-4055
FLEET REC CENTER STORE	243-7426
FLEET REC UNIFORM SHOP	243-5190
CUSTOMER SERVICE	243-5577/4055
ELECTRONICS	241-6742
FLOWER SHOP	243-3900
FURNITURE STORE	243-5347
HOME ACCENTS	243-4132
MINI-MART	243-4055
NEX DEPOT	243-2431
OPTICAL SHOP	243-6732
PACK & WRAP	243-3096
PERSONALIZED SERVICES	243-5789
TAILOR SHOP (MAIN NEX)	243-4620
UNIFORM SHOP (FLEET REC)	243-5190
NAVY FEDERAL CREDIT UNION	243-3333
NAVY LODGE	243-6708
NAVY-MARINE CORPS RELIEF SOC	243-7905
NEW SANNÔ HOTEL OPERATOR	229-8111
RESERVATIONS	229-7121
COMMERCIAL	(03) 3440-7871
OUTDOOR RECREATION	243-5732
PASSPORT OFFICE (PSD)	243-8466
PERSONAL PROPERTY INBOUND	243-5426
PERSONAL PROPERTY OUTBOUND	243-7061
PERSONNEL SUPPORT DET	243-6813/8457
POST OFFICE – MAIN	243-6711
POST OFFICE – USNH	243-5536
PREVENT	243-5363
PRINT SHOP (DAPS)	243-5642/8135

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**OFF-BASE NUMBERS FOR BASE OPERATOR**

YOKOSUKA- IKEGO-NEGISHI	046-816-1110
ATSUGI	046-763-1110
CAMP FUJI	055-089-6102
CAMP ZAMA	046-251-1520
IWAKUNI	082-779-1110
MISAWA	017-653-5181
SASEBO	095-624-6111
YOKOTA	042-552-2511

**PERSONAL NUMBERS****USEFUL WEB SITES****NAVY FAMILY ACCOUNTABILITY & ASSESSMENT SYSTEM (NFAAS)**

CFAY	<a href="https://navyfamily.navy.mil">https://navyfamily.navy.mil</a>
FFSP	<a href="http://www.cnrc.navy.mil/yokosuka">www.cnrc.navy.mil/yokosuka</a>
FFSC YOKOSUKA FACEBOOK*	<a href="http://1.usa.gov/UcA5y">1.usa.gov/UcA5y</a>
YOKOSUKA*	<a href="http://bit.ly/dyxJez">bit.ly/dyxJez</a>
TRAIN DIRECTION*	<a href="http://sukaichi-e.com/pc/">sukaichi-e.com/pc/</a>
	<a href="http://jordan.co.jp/english/index.html">jordan.co.jp/english/index.html</a>
	<a href="http://www.hyperdia.com/en/">www.hyperdia.com/en/</a>

\*LISTING OF COMMERCIAL WEB SITES DOES NOT CONSTITUTE ENDORSEMENT BY FFSC, CFAY OR THE DEPARTMENT OF THE NAVY.

PUBLIC AFFAIRS (CFAY)	243-3003
PUBLIC WORKS TROUBLE DESK	243-5555
SAFETY OFFICE	243-5519
SCHOOLS – KINNICK HS	243-7392
YOKOSUKA MS	243-5165
SULLIVANS ES	243-7336/7329
SCHOOL LIAISON OFFICER	243-2588
ASACS	243-3515
SEAHAWK (BASE NEWSPAPER)	243-3003
<b>SECURITY (QD)</b>	<b>243-2300/2301</b>
SECOND HAND ROSE	243-4090
SELF-HELP	243-7263
SHIPS INFORMATION (RECORDING)	118
SINGLE SAILOR LOUNGE	243-7346
STARS & STRIPES (OFFICE)	243-4771
TAKUSAN TREASURES GIFT SHOP	243-3357
TAXI – ON BASE	243-4444
TAXI – ON BASE (FROM CELL PH)	046-816-4444
TAXI-OFF BASE (COMMERCIAL)	046-825-4444
TEEN CLUB	241-2098
TELEPHONE (BASE COMM. OFFICE)	243-5847
THEATER – BENNY DECKER	243-5406
THEATER – FLEET	243-5443
TRAVEL OFFICE (IACE)	243-6629/6952
TRICARE SERVICE CENTER	243-9528
UNIVERSITIES – MARYLAND	243-4613
UNIVERSITY OF CENTRAL TEXAS	243-5126
UNIVERSITY OF PHOENIX	243-6985
USO	241-3030
VEHICLE REGISTRATION OFFICE	243-5011
VETERINARY CLINIC	243-6820
VIDEO RENTAL CENTER	243-4717
WEATHER, TIME & TEMP	243-5155/0112
WELLNESS CENTER (FLT REC)	241-4486
WIC-OVERSEAS	243-9426
YOUTH CENTER	243-3439/5492

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**FLEET & FAMILY  
SUPPORT CENTER  
YOKOSUKA, JAPAN  
243-FFSC (3372)**



**TELEPHONE POCKET GUIDE  
JUNE 2011**

**REGIONAL (ALL JAPAN) OPERATOR..... 113**

**EMERGENCY NUMBERS: 911**

FIRE – ON BASE	911
OFF BASE	046-816-0911
AMBULANCE – ON BASE	911
OFF BASE	046-816-0911
<b>NAVAL HOSPITAL YOKOSUKA:</b>	
ON BASE	243-7141
OFF BASE	046-827-1040
<b>MILITARY POLICE – ON BASE</b>	<b>911</b>
TRAFFIC ACCIDENT (ON BASE)	243-2300/2301
DIRECT FROM OFF BASE	046-816-2300/2301
<b>RED CROSS</b>	<b>243-7490/5291</b>
FAX	243-7492
AFTER HOURS (YOKOTA)	225-2536/3740
OFF BASE	(0425) 52-2511x2536/3740

# USEFUL WEBSITES

## **CFAY (Base Information)**

<https://www.cnic.navy.mil/Yokosuka/index.htm>

### **Fleet and Family Support Center**

PSC 473 Box 116

FPO AP 96349-0116

DSN: 243-6716/6717/3372

Commercial: 011-81-46-816-6716

Email: [c200mb1@cfay.navy.mil](mailto:c200mb1@cfay.navy.mil)

### **Military Home front**

<http://www.militaryhomefront.dod.mil>

### **Smart Web Move**

<http://www.smartwebmove.navsup.navy.mil>

### **LifeLines 4.0**

<http://www.lifelines.navy.mil>

### **Rates and Allowances**

<https://secureapp2.hqda.pentagon.mil/perdiem/>

### **Military One Source**

<http://www.militaryonesource.com>

### **Kids Web Japan**

<http://web-japan.org/kidswweb/index.html>

### **Foreign Clearance Guide**

<http://www.fcg.pentagon.mil/fcg>

### **Enjoying Japan**

<https://www.facebook.com/groups/enjoyingjapan/?ref=browser>

## **PCS America**

[www.pcsamerica.net](http://www.pcsamerica.net)

### **Driver's licensing in US**

<http://licenseinfo.org/find-flash.asp>

### **JOBS**

[www.usajobs.com](http://www.usajobs.com)

### **KSA (Knowledge, skills and Ability) - RESUME**

[www.resumeplace.com](http://www.resumeplace.com)

### **NKO: Navy Knowledge On line**

<https://wwwa.nko.navy.mil>

### **Relocation Plan Builder**

<http://www.dod.mil/mapsite/buildplan.html>

### **Spouses to Teachers**

<http://www.spousetoteachers.com/>

### **Military Spouse Career Center**

<http://www.military.com/spouse>

### **Transportation Security Administration**

<http://www.tsa.gov>

### **Yokohama City**

<http://www.city.yokohama.jp/en/>

### **Narita Airport**

<http://www.narita-airport.jp/en/guide/index.html>









# IKEGO HOUSING COMMUNITY

YOKOSUKA BASE MAP ON REVERSE SIDE

## BUILDING #673

NEX Mini-Mart  
Anthony's Pizza  
Ikego CDC  
Ikego Fleet & Family Support Center (FFSC)  
Ikego Beauty/Barber/Nail Shop

## Ikego MWR Phone Numbers

MWR Office	246-8071	School Age Care	246-8301
Youth Sports	246-8301	Youth Club	246-8301
Child Development Center (CDC)	246-8060	West Valley Campground (Office)	243-5732
Community Pool	246-7988	Club Takemiya	246-8077

## Yokosuka MWR Phone Numbers

Adult Sports Office	241-2955
Athletics Facilities	243-5398
Athletics Maintenance	243-2051
Auto Skills Center	243-5456
Aquatics Office	243-2052
Seahawk Natatorium	243-5620
Command Hill Pool	243-6830
Green Beach Pool	243-6410
Bowling Center	243-4200 / 5158
Child Development Program	
CD Homes	243-5478
Main CDC	243-3219
Main CDC Annex	241-4101 / 4102
Chili's Take-Out	241-3842
Chili's Grill & Bar	241-3865
Club Alliance	243-3000 / 5951

## Italian Garden's Take Out

C-Street Grille Take Out	241-3785
Community Center	241-4111
CPO Club	243-5506
Entertainment Office	243-5215
Fitness	241-4486
Fleet Gym Gear Issue	243-5304
Deployed Forces Support	243-7284
International Program Office	243-4731
ITT	241-5056
Liberty Center	243-7346
Library	243-5574
Theaters	
Benny Decker	243-5406
Fleet	243-5443
Movie Hotline	243-6703

## MWR Food Court

Officers' Club	243-5030
Outdoor Rec Center	243-5732
Sailing Center/Marina	243-4155
NAF Personnel Office	243-1246
Purdy Fitness Center	243-5398
Pavilion, Ball Field and Court Reservations	241-2945
School Age Care	243-5492 / 3439
Recreation Office	243-1215
Reference/Referral Office	243-4079
Starbucks	(046) 820-2791
T-Shirt/ Plaque Shop	243-9064
Yokosuka Teen & Youth Club	241-2098
Wood Hobby Shop	241-3692
Youth Sports Office	241-2952





**Yoko Pon Shuttle runs counter clockwise only with decreased waiting times and increased pickup times.**

- Weekdays: every 10 min or less
- Weekends/Holidays: every 20 min or less

**NOTE: Times may vary dependent on traffic.**

**Last Pickup at Main Gate and Navy Lodge: 19:30**

**HOURS OF OPERATION: 06:30 – 19:45**

# Overseas Transfer Checklist for Japan

When you receive orders to transfer overseas, there are some initial preparations you may wish to undertake in advance of your departure. This checklist should help you organize yourself and your family for departure.

## Medical/Health

- ❑ Schedule all necessary appointments with your present command medical and dental officers. You and your family will be required to take a medical examination for clearance before going to your overseas assignment.
- ❑ Schedule eye examinations for all members of the family, particularly children.
- ❑ Arrange for duplicates of eyeglass prescriptions for any member of the family using glasses, as well as an extra pair of glasses for each.
- ❑ Check with the Medical Officer to ensure that your health record is up-to-date.

## Passports

- ❑ Obtain individual no-fee military passports for each command-sponsored family member.  
(\*Note: no-fee passports are issued for use between the U.S. and the overseas duty location only. If tourist travel to other countries is in your plans, a regular, fee-based, tourist passport may be required. You can apply for a tourist passport before you leave the U.S., or you can apply for one after you arrive at your overseas duty location.)

## Legal

- ❑ Schedule appointment with the Legal Assistance Officer serving your present command. Take copies of current wills, Powers of Attorney, insurance policies and other legal documents.
- ❑ Discuss legal needs in light of overseas transfer, including storage of and access to the following important documents:
  - ❑ Birth certificate of each family member.
  - ❑ Proof of marriage; proof of termination of previous marriage.
  - ❑ List of all bank accounts (with addresses and account numbers) including names of persons authorized to make withdrawals and sign checks.
  - ❑ Inventories of stored and shipped household goods.
  - ❑ Real estate records – deed, mortgage papers, title abstract, title insurance policy, closing statement, insurance policy on house, survey of property, tax receipts, leases, building cost figures, receipts for any improvements, cemetery deed.
  - ❑ Insurance policy on household effects.
  - ❑ Policies on separately insured valuables such as furs, antiques, jewelry, and paintings, with written appraisals.
  - ❑ Social security card for each family member, where applicable.
  - ❑ List of instructions for survivors.
  - ❑ Employment records for each adult – names, places, dates, copies of any instrument entitling employee or survivors to special benefits such as insurance, pensions, stock options, etc.
  - ❑ Medical history of each family member; this might be difficult to collect overseas if parents are deceased or if necessary for insurance purposes.
  - ❑ Income tax papers and significant tax returns. (Statute of limitations is 3-6 yrs.)
  - ❑ Life, medical, disability, group insurance policies – amount and beneficiary of each policy with names and addresses. (Insurance companies generally require certified notification of death within 30 days, together with proof of birth and citizenship.)
  - ❑ Stocks, bonds and other securities, date and cost of purchase, who purchased them and in whose names they are registered, list of stocks pledged as security for a loan, name of stockbroker, serial numbers.



- ❑ Proof of membership in any professional, fraternal or union organization that entitles estate to any benefits.
- ❑ List of charge accounts and credit cards with numbers.
- ❑ List of all assets and liabilities, including personal valuables, etc., with date of any insurance coverage (policy numbers, location of policies, etc.).

### Schools

- ❑ Notify your children's schools of impending travel plans in case special examinations must be scheduled to allow completion of term work. Request grade reports, test results, teacher evaluations, samples of work, etc., to facilitate grade placement at your new command.
- ❑ Collect copies of college/university transcripts.

### Travel Arrangements

- ❑ Coordinate travel plans with your PSD Office in accordance with orders (e.g., report no later than, report no earlier than, leave authorized, concurrent/non-concurrent travel).
- ❑ If shipping a pet call your airlines and get complete information including layovers, pet care facilities, and costs. The cost of pet importation may be a deductible item for income tax purposes, but in all cases the cost of pet shipment is the owner's responsibility. (See "Pet Importation Requirements for Japan") **Please see further down for more guidance on bringing your pets with you.**

### Shopping

- ❑ Notify all stores of charge accounts you wish to terminate.
- ❑ Collect mail order catalogs you might be interested in ordering from.
- ❑ Check with your sponsor for any essential items that may be unavailable or prohibitively expensive at your new command.

### Household Effects

- ❑ Read your Welcome aboard Packet and **SITES** information thoroughly. It should help you to decide which possessions you will need to take with you and which you will place in storage. Bring only the items you'll need and try to avoid over-sized items.
- ❑ Make an appointment with the nearest Household Goods Office and set up an appointment for your pack out. A copy of your orders and Family Entry Approval message will be necessary to set a pack out date.
- ❑ Survey your possessions so that you can have any items repaired and cleaned that you plan to put into storage or ship to your overseas location.
- ❑ Obtain a written appraisal for valuable items (i.e. antiques, jewelry, furs or paintings) from a licensed appraiser.
- ❑ Prepare a general inventory by room, closet, attic, garage, etc., of all household and personal possessions both for your own use and so that you will be able to make an accurate estimate of their value for insurance purposes.
- ❑ Decide and list what you will include in your express shipment.
- ❑ Plan an unaccompanied baggage shipment that will enable you to set up light housekeeping at once since it might be 1-3 months before your surface shipment arrives.

### Notify Your Command

- ❑ Write your sponsor and/or command regarding your travel itinerary. Include information about: departure from U.S., enroute stops, arrival date and time, carrier, number of family members who will be accompanying you. Include pet information, if applicable.

### Relatives

- ❑ Provide your relatives with specific information on how to mail letters and packages to you, as soon as you know your forwarding address.
- ❑ Acquire a "portable" e-mail address (AOL, Hotmail, etc.) and provide it to your relatives (and others) so you can stay in touch "electronically."

- ❑ Leave the local Red Cross telephone number with your relatives so they can notify you immediately in the case of a sudden illness or death in the family.

**Important Papers You Should Carry With You (Do Not Put In Baggage)**

- ❑ Passport for each family member.
- ❑ Proof of citizenship, if naturalized citizen.
- ❑ Immunization Record for each family member.
- ❑ Copies of insurance policies.
- ❑ Social Security cards.
- ❑ Driver's licenses.
- ❑ School records.
- ❑ Medical/Dental records for each family member.
- ❑ Copy of any Powers of Attorney.
- ❑ Copy of Will(s).
- ❑ Credit cards, if desired.
- ❑ Inventories of accompanied baggage, all shipments and stored possessions.
- ❑ Copy of packer's inventory.
- ❑ Receipt for baggage.
- ❑ Inventory of safe deposit box contents.
- ❑ Extra passport-size photos for each family member.
- ❑ Travel orders (several copies.)
- ❑ Car papers, including record of car/motor serial numbers and extra set of keys.
- ❑ Two sets of keys to your baggage.
- ❑ An address book or list, with names, addresses, phone numbers, e-mail addresses and important dates-to-remember, for everyone you intend to remain in contact with.
- ❑ All transcripts (college/university), licenses or certificates for employment purposes.
- ❑ Résumés (copies and on diskette) for spouse employment assistance. Include copies of all reference letters and point-of-contact list.

# Need to Know Before You Go

- If you have small children (under than 3 years old), you might want to consider stocking up on winter clothes (i.e. turtle necks, undershirts, thermal underwear, slippers, warm-ups) before you move to Japan. The Navy Exchange does carry these items, but they tend to sell out fast in the winter months. Also, tennis shoes for toddlers, sizes 7 and under are hard to find, especially in half sizes. Collect any mail order catalogs that you might be interested in ordering from, especially if your size is unique (Petite, Big & Tall, etc.) The Fleet & Family Support Center has a catalog kiosk in their reception area to meet your shopping needs but these catalogs are for use only in the FFSC.
- If you are traveling to Japan with your family, if reporting to an afloat unit, be sure to visit the FAST (Family Assistance Support Team) Office. They will provide you with a checklist of things that you need to do in order to complete your Family File. This is in addition to any checklist you may have received from your new command. The purpose of the Family File is to ensure that, in case of emergency while the active duty member is deployed, the spouse will have all of the important documents on hand to do whatever is necessary (i.e. replace ID card, etc.)
- Also for personnel reporting to afloat units, you can ask your sponsor to request a Post Office Box for you prior to your arrival. Just mail, fax or e-mail a copy of your orders and Family Entry Approval letter to your sponsor and he/she can take them to the Post Office and send you your new forwarding address.
- If you are planning on sending your child to day care, you can fill out the application form (DD 2606) at the back of this guide and return it to the following address:  
MWR Dept.  
Main Child Development Center  
PSC 473 Box 60 Code 608  
FPO AP 96349-1105

The waiting list for full-time day care depends on the age group but it can take as long as 9- 12 months so the sooner you put him/her on the waiting list, the better. Be sure that your child's immunizations are up to date.

- While looking for an off-base home, the Housing Welcome Center provides Child Care Vouchers for day care at the Hourly Child Development Center or with a Certified Family Home Care Provider. The Hourly CDC has a limit of 25 hours per week and you have to attend a short orientation to register your child. The Family Home Care program does not have a limit. All childcare facilities require up-to-date immunizations.
- Carry your personal records (medical/dental records, Powers of Attorney, orders, Family Entry Approval, etc.) with you while you are traveling. (Refer to the previous checklist.)
- There are several options for transportation: buy a car, ride the base shuttle or base taxi, local trains, take the Home to Work bus from Ikego, and/or take an off-base taxi.
- You can buy Yen (Japanese currency) on base at the Community Bank, located in Bldg. 1555 on the first deck. They have a customer service lobby, an ATM at the front of the building, one ATM across from the Fleet Recreation Center and another ATM in front of the NEX.



# What Do I Do At The Airport?

(DIRECTIONS from the airport(s) to Yokosuka Navy Base)

## **Arrival at Yokota Air Force Base via an Air Mobility Command (AMC) flight:**

AMC flights from the U.S. arrive at Yokota Air Force Base several days a week. Whenever an inbound flight is scheduled, Navy buses are assigned to transport passengers to Yokosuka Naval Base. During peak PCS seasons, when additional AMC flights may be scheduled, additional bus transportation is provided.

Scheduled AMC flights typically arrive at Yokota AFB at about 0700. The actual arrival time of AMC flights is always subject to change. Navy buses usually depart for Yokosuka about two hours after the arrival of an AMC flight. The bus departure time will be adjusted if the flight arrives earlier or later than scheduled. Service members, either singles or with their families, traveling on PCS orders has priority for seating on the bus. The bus ride From Yokota AFB to Yokosuka Navy Base is about 2-3 hours, longer if traffic is heavy.

Navy buses are assigned to transport passengers to Commander Fleet Activities Yokosuka (CFAY). Please report to the customer service desk for directions to the Navy bus.

DAY	LOCATION	SHUTTLE
WEDNESDAY	DEPART CFAY PSD	0800
	DEPART YOKOTA	DEPENDENT ON FLIGHT
THURSDAY	DEPART CFAY PSD (ONE WAY)	0800
FRIDAY	DEPART CFAY PSD	0800
	DEPART YOKOTA	DEPENDENT ON FLIGHT
SATURDAY	DEPART CFAY PSD (ONE WAY)	0800

## **Arrival via COMMERCIAL AIR at Narita/Haneda Airport International Airport:**

**NOTE:** These directions are based on arrival at Airport Terminal One. That is the terminal from which the Yokosuka bound buses depart. If you arrive at Terminal Two, take the free Airport Shuttle Bus to Terminal One from bus stops number 8 or 18 in front of the terminal.

**From Terminal One:** Follow the signs inside the terminal to the Arriving Passenger area. Walk past the Medical/Quarantine desk (if you have pets, stop here and ask for assistance). Continue around to the immigration desk. Stand behind one of the lines marked Foreign Passports (you may have to wait in a single line; if so, an agent will tell you which passport window to approach.) Be sure to complete the immigration paperwork that was given to you on the plane before getting into the passport line.

Present your passport and/or ID card, and your completed paperwork, to the immigration officer behind the desk. With your stamped paperwork, proceed through the gate and down the stairs to the baggage claim area. Pick up your luggage and proceed to one of the long counters marked Non-Resident for Customs inspection.

Make sure the officer stamps your passport (and your family members' passports) with the CORRECT entry stamp. The small square stamp clearly states:

-----  
Under

Status of Forces Agreement

Entered Japan:

Date:

Port:

Immigration Inspector:  
-----

This mark is then over-stamped with the immigration officer's date stamp.

With your stamped paperwork, proceed through the gate and down the stairs to the baggage claim area. Pick up your luggage and proceed to one of the long counters marked "Non-Resident" for Customs inspection.

\*\*\*\*\* LOST LUGGAGE \*\*\*\*\*

If your luggage does not show up on the carousel at the baggage claim area, immediately contact one of the Baggage Claim Customer Service Representatives. At least one of the Representatives on duty will speak English. Provide your flight information and your baggage claim ticket stubs. You will then need to provide a local address for delivery of your luggage to the base (no charge to you.) The general address for the base is:

Kanagawa-ken

Yokosuka-shi

Tomari-cho 1

Yokosuka US Navy Base\*

(\*in Japanese, this is Bei Kaigun Yokosuka Kichi)

Give the phone number for the base operator. It is 046-816-1110.

You will also need to identify a point of delivery and phone number within the base. This might be the name of your initial lodging or your duty station, but it should be a place that is accessible 24 hours a day. Some examples are:

Navy Lodge (Bldg. J-200; base phone 243-6708; local phone 046-816-6708)

BOQ (Bldg. 1556; base phone 243-5685; local phone 046-816-5685)

Central Billeting Office (Bldg. 1555 Lobby; base phone 243-7777; local phone 046-816-7777)

USS Dewey (\*only if you know your ship is in port!)

(QD phone numbers can be found in Major Unit Listings in SITES, or the base operator can assist to connect you.)

After providing the required information (above) to the Customer Service Representative, you will be given a receipt or card with contact phone numbers. The receipt/card will have instructions for you to call to check on your luggage after a specified time.

There is little else you can do except to continue with the arrival process, get to the base, relax, and take stock of what you have on hand. When found, your luggage should arrive at the place you designated within a day or two. Most folks who have gone through this experience report that their luggage showed up well in advance of the suggested call-back time on the receipt/card.

HERE'S A TIP: To prepare for the unlikely situation described above, pack a carry-on bag for yourself (and each family member, if necessary) with at least one change of clothes, two changes of socks and underwear, and basic toiletries (no sharp items.) You might also consider a light sweater, wind breaker, or jacket, depending on the season. Packing a lightweight travel umbrella might not be a bad idea either.

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After completing Japanese Immigration and Customs formalities, exit into the arrival lobby.

(Narita) If you arrive at Narita Airport at Terminal Two, take the free Airport Shuttle Bus to Terminal One from bus stops number 8 or 18 in front of the terminal. The Shuttle will be in the parking lot outside of Terminal 1.

(Haneda) These directions are based on arrival at Terminal 3 ONLY. If you arrive at Terminal 1 board the green shuttle at stop 9, at Terminal 2 board the green shuttle at stop 8 that runs every 4 minutes to Terminal 3. From the shuttle bus at Terminal 3 follow signs to arrivals on the 2nd floor. The meeting area is directly to the left of the information counter.

LOCATION	SHUTTLE 1	SHUTTLE 2
DEPART CFAY PSD	1000	1300
ARRIVE NARITA AIRPORT (TERMINAL #1)	1200	1500
DEPART NARITA AIRPORT (TERMINAL #1)	1730	1930
ARRIVE CFAY PSD	1930	2130

LOCATION	SHUTTLE 1	SHUTTLE 2
DEPART CFAY PSD	1300	1700
ARRIVE HANEDA AIRPORT	1400	1800
DEPART HANEDA AIRPORT (TERMINAL #3)	1500	1930
ARRIVE CFAY PSD	1930	2130

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In the event that Yokosuka Base is placed in a HEIGHTENED FORCE PROTECTION status, government transportation to Yokosuka MAY BE LIMITED TO MILITARY PERSONNEL AND FAMILY MEMBERS OF MILITARY PERSONNEL ONLY, with approximately the same departure times.



Reservations would be strongly encouraged. However, if there were no reservations listed on the driver's manifest, seats would be given on a first-come-first-served basis. Passengers on these buses would need to provide two types of photo ID, one of which **MUST** be a Military Identification Card.

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There is a charge to utilize government transportation from Narita to Yokosuka, for personnel under orders only (including TAD orders.) This charge DOES NOT come out of your pocket; it is charged against your orders. MAKE SURE you have an extra copy of your orders to give to the transportation liaison on duty. The actual amount charged against your orders is currently about \$34 per person.

Space available passengers do not have to pay the transportation charge out of pocket to ride the airport bus, but neither are they guaranteed a seat.

PETS may not be brought aboard the Navy shuttle buses. If you are arriving with your pet(s), you will need to coordinate with your sponsor at your gaining command for alternate transportation.

Reservations are strongly encouraged (visit [www.cnic.navy.mil/yokosuka](http://www.cnic.navy.mil/yokosuka) or email [FAST\\_CONNECT@us.navy.mil](mailto:FAST_CONNECT@us.navy.mil)) as unclaimed seats are offered on a first-come-first-served basis. Passengers need to provide two types of photo ID, one of which **MUST** be a Military Identification Card. Check in time starts 1 hour prior to departure. Personnel (and family members) under PCS or other official orders have priority for seating on the buses.

Changing rooms and American style restrooms are available in the terminal. There is also an observation deck, a convenience store, a variety of Japanese fast food stands, and restrooms on the shopping mall levels of the Central Building in Terminal One. All shops and services in Narita Airport terminal buildings require payment in Japanese currency (Yen). There is a currency exchange on the first floor of Terminal One in the arrival lobby. There is another currency exchange in the departure area on the third floor.

**\*\*Note:** Upon arrival at Yokosuka Base, the bus driver is authorized to drop off passengers only at PSD (Bldg. 1555) and the Navy Lodge. Arriving passengers who do not have Navy Lodge reservations in advance should get off the bus at PSD. If your SPONSOR cannot meet you at the airport, PSD is a very convenient place to be met.

# **Pet Importation Requirements for Japan**

Japanese Animal Quarantine Service regulations require that all animals entering Japan be examined to be free from communicable diseases. Animals that are found to be disease free will be released to the owner's custody, subject to the following restrictions:

- Three (3) copies of the rabies vaccination certificate (DD208, the original and two copies) must accompany the animal during transit. The rabies vaccination must have been administered more than 30 days but less than 365 days prior to the animal's entry into Japan.
- An animal that is less than 90 days old does not require a rabies vaccination, but will be placed in a Japanese or U.S. Forces quarantine facility. Upon reaching 90 days of age, the animal will be given a rabies vaccination and kept in a quarantine facility for a period of 30 days. After 30 days time, the animal will be released to the owner for the 14 day "home quarantine." (Note: Quarantine in Japanese facilities will be at the owner's expense.)
- Three (3) copies of the health certificate (DD2209, the original and two copies) must also accompany the animal during transit. The veterinarian who examines your pet issues this, and it must be dated within ten (10) days before the animal's arrival into Japan.
- Important! If the rabies vaccination and/or the health certificates are obtained from an off-base or civilian veterinarian, you must take the original rabies certificate/health certificate to a Field Office of the U.S. Department of Agriculture (USDA). A USDA veterinarian must sign both certificates and place the USDA stamp on the back of each copy. The signature without the stamp is not valid for entry into Japan. Failure to have certificates stamped will result in quarantine until the stamp is obtained via U.S. Mail. GOJ authorities will not recognize an individual (state) department of agriculture stamp. The stamp must be USDA!

Companion animals arriving in Japan aboard commercial aircraft:

- Companion animals that enter at a Japanese airport are to be picked up at the airport and processed through the Japanese Animal Quarantine Service at the airport.
- Before the animal can be processed by the Animal Quarantine Service Personnel, the owner or authorized representative (via Special Power of Attorney) must fill out a Form 380EJ "Customs Free Import and Export of Cargo" or "Customs Declaration of Personal Property." This form is available at the Customs Check Point upon entry.
- Upon arrival at the Animal Quarantine Counter the Japanese personnel will initiate a Pet Quarantine and Examination Certificate (Form MDJ-270). Pet owners or their authorized representative (via Special Power of Attorney) must be able to provide the following information:
  - military address (duty station)
  - rank/rate
  - duty phone
  - temporary address
- You will be required to sign this form stating you will present your pet for quarantine examination following the 14-day "Home Quarantine" at a U.S. Forces Veterinary Office. Failure to present the animal for quarantine release will result in a fine of 50,000 Japanese yen (at 115 yen to the U.S. dollar, this is approximately \$435.00)
- Japanese Animal Quarantine Officials are usually on duty between 0830-1730. Animals arriving after duty hours must remain in the airline kennels until duty hours. The cost of this, plus the cost of the transportation to final destination is the responsibility of the owner. The cost is rather expensive, so one should select flights that arrive during normal working hours.
- Additional information may be obtained upon arrival from the Yokosuka Veterinary Clinic, 243-6820/7081, Bldg. H-1230, F Street.

Pets are **NOT** allowed aboard the scheduled Navy shuttle buses. If you are arriving with your pet(s), you will need to arrange, perhaps with the assistance of your sponsor, alternate transportation to the base.

Most military families will reside at Temporary Lodging (Navy Lodge) for periods of up to 60 days while seeking housing on or off base. Pets are not allowed in Temporary Lodging. Any boarding fees beyond the official assigned quarantine period are the owner's responsibility.

**NOTE:** ***Mandatory pet quarantine fees*** incurred by U.S. service members in connection with the mandatory quarantine of a household pet are reimbursable, not to exceed \$550 per PCS move for pets in, or entering into, quarantine on and after 28 DEC 2001. (Ref. JFTR, par. U5805.)

- You can make reservations at the Navy Exchange Kennel by calling (DSN) 243-4530. The hours at the kennel are M-F 0900-1500, Sat. 1000-1100, closed on Sundays.
- Camp Zama also provides boarding facilities. Please call (DSN) 263-5915 to make arrangements. Camp Zama is about 30 miles from Yokosuka.
- Japanese veterinarians also board animals, but the cost is high.

Military veterinary general and surgical care is available on a limited basis by appointment only. Surgical services are primarily for the control of animal population (spay/neuter/declaw), but other services may be available.

**NOTE:** IAW COMFLEACTINST 6200.1N, cats and dogs at Yokosuka require microchip implants.

Military veterinarians do not provide emergency care. You will be referred to an off-base veterinarian. Language barriers can present difficulties. The cost is also quite expensive.

For more information, please visit [www.usarj.army.mil/organization/vet/index.htm](http://www.usarj.army.mil/organization/vet/index.htm) or contact your local military veterinary clinic.





# **Family Assistance Support Team (FAST)**

Family Assistance Support Team (FAST), Yokosuka was established to provide support, limited services and assistance during underway periods to personnel and family members of the Forward Deployed Naval Forces (FDNF) permanently stationed in Yokosuka, Japan.

**FAST Office is located at CRC Bldg 3365, 4th floor, room 438.**

## **Services Provided**

IDs for Active Duty Personnel, Government Employees, Contractors, and Dependents

CAC unlocks and resets for all military and DOD employees.

Defense Enrollment Eligibility Reporting System (DEERS) Updates.

Pet Transportation request \* (Disclaimer) (email- FAST\_CONNECT@us.navy.mil)

Hospitality loaner Kitchenette sets (first come first serve, due to limited availability)

## **FAST Office Operating Hours:**

**CLOSED FOR ALL FEDERAL, OBSERVED AND CFAY DESIGNATED HOLIDAYS.**

Mon 0800 – 1200      Tue 0800 – 1430      Wed - Fri 0800 – 1600

Emergency after hours (1700-2200), Duty contact number: +81 080-5068-2811

## **FAST Office Contact Numbers:**

**DSN:** 315-243-5770/9303/9304/7217

**From Japanese Phone:** 046-816-5770/9303/9304/7217

**International:** 011-81-46-5770/9303/9304/7217

**ID Lab (Appointments Only)-**

**Call DSN:** 243-5770/9303

**Commercial** +81 046-846-XXXX Last four of DSN)

Mon 0800 – 1200      Tue 0800 – 1430      Wed - Fri 0800 – 1600

**\*\* Last ID Appointment is at 1600\*\***

# **Fast Connect**

FAST CONNECT is a supportive branch of the FAST office, which assist Sailors and their families with general information such as CFAY instructions, CFAY Health protection policies and travel restrictions. To contact us, please call FAST OFFICE at **DSN: 243-5770, 243-9303 (commercial +81 046-816-XXXX last four of DSN)**, email us at **FAST\_CONNECT@us.navy.mil**. (FAST Underscore Connect@us.navy.mil), or reach out to our FAST Connect Facebook page: **FASTCONNECT YOKOSUKA**.

## **INBOUND:**

Please coordinate with **your sponsor** on entering into Japan with a pet(s). **Pet(s) are not allowed on CFAY bus shuttles or on public transportation.**

## **OUTBOUND:**

For pet transportation going Outbound to Narita or Haneda Airport, members are required to talk with NEX Transportation at **DSN: 243-4511 (Commercial +81 046-816-4511)** prior to calling FAST Connect. If NEX Transportation cannot provide service, we must have written confirmation from NEX Transportation unavailability before we can arrange service.

\*We coordinate with NAVFAC regarding pet transportation. NAVFAC can only arrange 72 hours minimum and 30 days out maximum of departure or arrival date. Prior to requesting service you must have a copy of your orders and itinerary. Pet transportation is not guaranteed transportation for the member and their pets. So we strongly recommend members have additional options in the event there is no transportation or cancellation.

# **Area Orientation Brief & Intercultural Relations**

## **(AOB/ICR) Training**

**(For AOB/ICR registration – email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil) / call 315 243 3372)**

This 3-day training is **mandatory** for all SOFA sponsored personnel (military service members, civilian employees, and adult family members) within 30 days of reporting to Yokosuka in accordance with COMNAVFORJAPANINST 1740.5, even if you have previously served in Japan. It is designed to the reduce stress and frustration of moving to Yokosuka by ensuring newly reporting personnel are introduced to current CFAY policies, programs, services, responsibilities and facilities in accordance with COMFLEACTINST 1740.3C. Additionally, certified attendance is required for anyone who intends to obtain a U.S. Forces Japan driver's license during their stay. Reservations are required and suggested at least four weeks prior to arrival in the Yokosuka area. Your sponsor can make reservations or you can register yourself. Emails can be sent with subject line "AOB/ICR" to [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil). Include the service member's name, the name of the gaining command, and your expected date you are reporting to the Yokosuka area. Reservations can also be made by calling 243-FFSC (3372), or in person by stopping by the Fleet and Family Support Center (located on the fourth floor of the Community Readiness Center Bldg. 3365, Rm 405).

### **Schedule**

**Tuesday** – Area Orientation Brief (AOB)

**Wednesday** – Intercultural Relations (ICR)

**Thursday** – **AM: SafeTALK (Mandatory for AD)** **PM: Traffic Safety and Driver Written Test**

\*Exam will be administered only to personnel who have returned their Driver's License Handbook.

\*\*\***Military and civilian are required to attend every brief.** If you miss any portion of AOB/ICR you will be required to reschedule the entire AM/PM session for the portion that you missed. This includes housing appointments, medical/dental, etc. appointments, re-enlistments, command responsibilities, etc. In order to receive a certificate of completion, all portions must be completed. Please note that consistently returning late from breaks, sleeping in class, and using cell phones will result in a call to your command and rescheduling AOB for a future week.\*\*\*

**Check in begins at 0800. Class starts at 0830.**

If stationed in MAINLAND Japan within the last 5 years or a Japanese National, attendance is only required Tuesday and Thursday. Proof of prior duty in mainland Japan or citizenship is required.

### **CFAY Road Test Waiver Process for USFJ 4EJ**

After completing AOB/ICR, the Traffic Safety Local Hazard Briefing, and pass a Written Exam, personnel that fall under following conditions will be waived from taking a road test in order to obtain USFJ Form 4EJ;

\*All Former USFJ 4EJ holders that have departed Japan less than 5 years ago. - Must present an expired USFJ Form 4EJ as proof. - Or must present proof in writing from the issuing authority (other than CFAY) that shows you departed Japan less than 5 years ago.

\*All Former USFJ 4EJ holders that that have departed Japan less than 5 years ago as confirmed on CFAY Driver's License DB, no proof required.

\*Note: No USFJ Form 4EJ with On-Base Only limitation and/or OF-346 will not be eligible. If proof or record cannot be confirmed before the Traffic Safety Local Hazard briefing, a road test will be required to complete the USFJ 4EJ issuing process.

# **Childcare Information**

**Children ages 17 and under are not permitted to attend AOB/ICR Training, except those exclusively nursing.** New arrivals with children should make childcare arrangements 30 days in advance, as there are a limited amount of spots available. Reservations are NOT made automatically. Please visit *MilitaryChildCare.com* and create an account to start the process. CYP childcare options on base are FREE to attendees through vouchers that are distributed following each day's training. Additionally at least one parent must attend a CYP orientation prior to the child's first attendance at a Child and Youth Program (CYP) facility. Couples may choose to attend AOB/ICR during alternate weeks in order to mitigate childcare concerns. Below is information to help families.

Main Base Child Development Center (CDC) for ages 6 weeks-5yrs

Main Base School Age Care (SAC) for grades K-12yrs

Ikego Child Development Center (CDC) for ages 6 weeks-5yrs

Child Development Home (CDH)-Ages vary per provider

Ikego School Age Care (SAC) from K-5th grade

Youth Sports for ages 3-18yrs

Teen Center from 6th – 12 grade

## **Nursing Infant Waiver**

Parents with nursing infants may request a waiver through the Fleet and Family Support Center prior to the start of AOB/ICR class week. This allows the parent to attend AOB/ICR class with infant.

## **Waiting Lists**

Military families may be placed on a waiting list for child care when care is not available. Families may request child care by visiting *MilitaryChildCare.com*. This Department of Defense website serves all military families seeking child care and provides access to military-operated child care options world-wide. Families may search for and request care, manage their requests, and update their profile online, making it easier for them to find the child care they need.

\* For children 6 weeks – 12 months, parents are to provide the following: diapers, wipes, and 2 changes of clothes. Please contact the CDC regarding food preparation policies.

\*\* If 5 year old is already enrolled in school, child should go to School Age Care Center.

\*\*\*Additional services offered by CYP include: Give Parents a Break:

Military families are subject to unique stressors associated with military life, including deployments, remote tours of duty, and extended working hours. The "Give Parents a Break (GPAB)" program is designed to give family members a short break from parenting in order to help them deal with these types of stressful situations, and enjoy a night out with friends. For more information, please contact Yokosuka Child Development at 243-3033 or the Ikego Child Development at 246-8060 or visit us at <https://www.facebook.com/yokosukacyp>

## **Youth ICR and Teen ICR**

Moving to a new place can be overwhelming to anyone. FFSC provides a youth support group to help children transition to Japan: their new school, home, and environment. This class gives students an introduction to the Japanese culture and customs. It also includes a brief presentation on the rules and regulations. These optional trainings are offered for Elementary, Middle School and High School students. For a schedule of upcoming dates and to reserve a seat, contact FFSC.

**(DSN: 315-243-FFSC / International: 011-81-46-816-FFSC / [FFSCInfo@us.navy.mil](mailto:FFSCInfo@us.navy.mil))**



# **Spouse Employment Assistance Program**

If you will be looking for a job or considering a career change while in Japan, the **FFSC Family Employment Readiness Program (SEAP)** Manager is the person to talk to.

## SEAP Services and Workshops

The SEAP Program offers a wide range of services and is focused on assisting SOFA sponsored spouses to find employment, volunteer, and job-base training opportunities in the Yokosuka area.

The SEAP Manager provides:

- Individual career counseling
- Informational counseling
- Resume critiques
- Job application reviews
- Job Referrals



## **Workshops & Classes**

- Resume Writing – Learn tips on how to write an effective, marketable resume.
- Teaching English – How to get started teaching English to Japanese nationals.
- Employment Overview – Information on local employment opportunities and application processes.
- Government Application Tips – Step by step approach to correctly completing government applications.

## **Computer Support**

- Quick and Easy SF-171 and OF-612 Civil Service application.
- Instant Resume Program – computer-based resume generator.
- Computer Tutorial – Self-paced tutorial for the Microsoft Office 2000 suite (Word, Excel, PowerPoint, Access, Outlook)

## **Spouse Preference**

Spouses of active duty military, who were married before the beginning of this overseas tour, receive a one-time hiring preference. This preference is good for the three main employing agencies (HRO, NEX & MWR) at Yokosuka. Spouse preference is used after accepting or declining a permanent or temporary position lasting over one year. Please contact your SEAP manager for more information about Military Spouse Preference.

SEAP MANAGER

DSN: 243-9631

COM: 011-81-46-816-9631

# **Navy College Program and Local Colleges & Universities**

While you are here in Japan, you may want to consider taking college courses. Fleet Activities Yokosuka has plenty of educational opportunities for you. A list of the on-base colleges and universities follows as well as some of the programs and degrees that are offered through each. All institutions have an office located on the third deck of the Fleet Recreation Center.

## **Navy College Office** **DSN: 243-8131**

Room 347 Fleet Recreation Center  
E-Mail: richardson.jon@cfay.navy.mil  
Website: <https://www.navycollege.navy.mil>

The Navy College Program offers counseling; numerous education resources; information about SOC schools; the NCPACE program; tuition assistance; SAT, ACT, GED, PRAXIS, CLEP, DSST, & Excelsior testing; Navy College Partnership Program; United Services Military Apprenticeship Program (USMAP); Ratings Roadmaps; Sailor/Marine American Council on Education Registry Transcripts (SMART), MGIB; and Command briefings.

## **Central Texas College** **DSN: 243-5126**

Room 351A Fleet Recreation Center  
E-Mail: [Yokosuka-fa@ctc-japna.com](mailto:Yokosuka-fa@ctc-japna.com)  
Website: [www.ctcd.cc.tx.us](http://www.ctcd.cc.tx.us)

Programs: Associate degree programs in Education, Criminal Justice, Business Management, Applied Management, Early Childhood Professions, Law Enforcement classes, ESL classes, and General Studies.

## **University of Oklahoma** **DSN: 243-4990**

Room 341 Fleet Recreation Center  
E-Mail: [apyokosuka@ou.edu](mailto:apyokosuka@ou.edu)  
Website: [www.goou.ou.edu](http://www.goou.ou.edu)

Program: Master of Human Relations. This is a 36 credit hour non-thesis Masters program. No GRE, GMAT, MAT tests required. Professors are flown from OU to teach on-wee intensive courses.

## **University of Phoenix** **DSN: 243-6985**

Room 342 Fleet Recreation Center  
E-Mail: [Stephanie.trotti@phoenix.edu](mailto:Stephanie.trotti@phoenix.edu)  
Website: [www.uophx.com/yoks](http://www.uophx.com/yoks)

Programs: Master of Management; Master of Arts in Education; Elementary Teacher Certification; Secondary Teacher Certification; Adult Education and Distance learning. Transcript evaluations are available for International degree holders. On base programs open to active duty, military dependents, civilians, military retirees, reservists, and Japanese nationals.

## **University of Maryland University College (UMUC)** **DSN: 243-4613**

Room 331 Fleet Recreation Center  
E-Mail: [fyokosuka@ad.umuc.edu](mailto:fyokosuka@ad.umuc.edu)  
Website: [www.ad.umuc.edu](http://www.ad.umuc.edu)

The University of Maryland University College Asian Division offers eight associates degree programs and eleven bachelors' degree programs in a wide variety of accredited curricula. Students may attain degrees from UMUC through both traditional face-to-face courses and internet-based distance education courses. UMUC offers in-house academic advising, computer lab facilities, and an extensive online research library. Find out more about academic programs and services and the fifty-year tradition of serving military members and their families at our website.

**NCPACE (Navy College Program for Afloat College Education)**

DSN: 243-6442/4613

Fleet Rec. Rooms 339 &amp; 343

Website: <https://www.navycollege.navy.mil>

Provides tuition-free basic skills, developmental, and college classes aboard deployed commands. Both instructor and computer/video-based courses are available. Personnel should consult their ESO for command-specific information.

**Navy College Learning Center**

DSN: 243-4600

Room 363 Fleet Recreation Center

E-Mail: [yokosukanclc@plato.com](mailto:yokosukanclc@plato.com)

Offering English, reading, math, trigonometry, calculus, social studies, science, and life skills; preparation for ASVAB retake, SAT/ACT, GED, college courses, and CLEP, DSST, and Excelsior exams. Computer assisted courses available:

Mon/Wed 1000-1800

Tue/Thu 1000-2000

Fri 1000-1400

Available to active duty, adult family members, DOD civilians and military retirees at no cost.

# U.S. Naval Hospital (USNH) Yokosuka and TRICARE

**USNH Yokosuka is standing by and ready to assist you with all of your medical needs.**

USNH Yokosuka is located on San Diego Street, across the street from the Officer's Club and one (short) block behind PSD.

## **Who is eligible for hospital care?**

Active duty, family members of active duty, retired military, family members of retired military, and DoD civilians with a current insurance plan. Retirees and DoD civilians are seen on a space-available basis only.

## **Who is eligible for TRICARE?**

Active duty members are automatically enrolled into TRICARE Prime. Active duty family members can choose to enroll into TRICARE Prime. Family members not enrolled in TRICARE Prime are eligible for benefits provided under TRICARE Standard. TRICARE Standard benefits include space-available care at the Naval Hospital and cost shares for care received off base. Secondary dependents are eligible for space-available hospital care only and are not TRICARE eligible, and must have medical insurance for care received in Japanese hospitals. For questions about TRICARE, please feel free to call the TRICARE Service Center at DSN 243-9528.

## **Check-In Procedures**

Check-in for both USNH Yokosuka and USNDC Yokosuka have been consolidated into the Put Prevention into Practice (PPIP) office, located in Building E-22, Room 106. You will need to **call 243-7964 or 243-8980 and make an appointment to check in**. At this check-in, you will submit both your medical and dental records, enroll in TRICARE Prime, complete the Health Enrollment Assessment Review (HEAR) questionnaire, receive a health screening, immunizations and health counseling. Active duty members assigned to ships will check-in through their ship's medical department. All others (shore-based active duty, etc.) will check in through PPIP.

## **Central Appointments**

Appointments with your primary care manager can be made through the central appointments office. If you need to make an appointment, please call 243-5352.

## **Health Care Information Line (HCIL)**

You can call the Health Care Information Line at 0053-111-4621 for 24-hour access to a registered nurse, or access the Audio Health Library, where you can listen to information on more than 500 health topics.

## **Specialty Care**

USNH Yokosuka is the second largest military hospital in the Western Pacific, offering a wide range of specialties. It is not a major medical center, however, so Japanese hospitals are occasionally used for specialty care and diagnostic testing. Patients may also be transferred to other military treatment facilities via the aero medical evacuation system (MEDEVAC). Common destinations include USNH Okinawa, Tripler Army Medical Center, and Naval



Medical Center, San Diego. Family members must have current passports at all times and non-U.S. passport holders must be prepared to acquire visas for entry into the United States or stop-over locations such as Osan Air Base, South Korea.

### **Health Promotion Department**

This department promotes the voluntary adoption of positive lifestyle and behavioral changes through awareness, education, and intervention strategies. Available classes include: tobacco cessation, stress management, cholesterol awareness, weight management and commissary tour. General military training is offered on over 12 different wellness topics. Facilitator training is also offered to health promotion coordinators of fleet and shore commands. Call 243-2615 for details.

### **Exceptional Family Member Program (EFMP)**

EFMP is a quality of life program (OPNAVINST 1754.2) designed to identify family members with long term health care or special education needs. EFMP ensures that active duty members will be assigned to locations where the special needs of the family will be met. Enrollment is mandatory. For more information contact your command EFMP point of contact. At USNH Yokosuka call 243-5279.

### **USNH Yokosuka Web Page**

We're on the Internet! Our web site contains all of the information listed above and much more. The URL is [www.nhyoko.med.navy.mil](http://www.nhyoko.med.navy.mil).

### **Important Phone Numbers:**

- Consolidated Check-In at Put Prevention Into Practice (PPIP) .....243-7964/8980
- TRICARE Service Center .....243-9528
- Hospital Information Desk (24 hour) .....243-7144/5247
- Emergency Room .....243-7141
- Hospital Central Appointments .....243-5352
- Dental Appointments.....243-5542
- Health Care Information Line.....0053-111-4621

# Check Cashing & Yen Conversion

	Check Cashing	Yen Sales
<b>Community Bank</b> 1 <sup>st</sup> Fl. Bldg. 1555 (PSD Bldg.) 0900-1500 Mon.-Thurs. 0900-1700 Fri. & Paydays	X	X
<b>Navy Federal Credit Union</b> Bldg. 1558 (across from McDonald's) 0900-1600 Mon.-Fri. 0900-1700 Paydays 0900-1300 Sat. after payday	X	
<b>USA Federal Credit Union</b> Bldg. G-59 (next to Main St. Food Court) 0900-1600 Mon.-Fri.	X	X**
<b>Navy Exchange Customer Service Counter</b> (**no check cashing at cashier's cage**) Inside NEX Main Store 1000-2000 Daily	X	
<b>Club Alliance Cashier (Enlisted Club)</b> Main Gate 1100-2400 Daily	X	X**
<b>CPO Club Cashier</b> Bldg. B-39 (near the Main Gate) 1000-2300 Sun.-Thurs. --- 1000-2400 Fri.-Sat.	X	X**
<b>Seaside Restaurant Cashier (All Hands Club)</b> Bldg. J-201 (near the Navy Lodge) 0600-2230 Daily	X	X**

**Officer's Club Cashier****X****X\*\***

Bldg. 1493 (across from the USNH)

0830-2300 Mon.-Fri. --- 0900-2300 Sat.-Sun.

**Note: There may be a service charge for check cashing at the bank or credit unions for non-members.****\*\* Yen conversion is 2yen below the bank rate. Conversion of \$ to ¥ is for customer convenience only.****ATM Locations at Yokosuka**

<b>Community Bank</b>	<b>Navy Federal Credit Union</b>	<b>USA Federal Credit Union</b>
Bldg. 1555 (PSD Bldg.)	Bldg. 1558 (east end; 2 ATMs)	Fleet Rec. Center (2F, near NEX)
Main Gate (front of Club A)	Waterfront (near berth 10/tugs)	
Main NEX (outside front)	Commissary (outer lobby)	
Waterfront (near berth 10/tugs)		
Drive-Up ATM (by SRF parking garage)		

**Note: Community Bank ATM dispenses both \$ and ¥. ¥ is dispensed at the ATM at the same rate as in the main banking facility.****Navy Federal Credit Union and USA Federal Credit Union ATMs dispense \$ only.**

# Important Internet Addresses

**You can find a lot of Yokosuka information at the following web sites:**

[www.dmdc.osd.mil/sites](http://www.dmdc.osd.mil/sites)..... \*DoD SITES worldwide Relocation information database (your local Fleet & Family Support Center, Army Community Services or USAF Family Support Center can help you access this web site if necessary)

<http://housing.cnfj.navy.mil>..... \*housing and relocation information

[www.cfay.navy.mil](http://www.cfay.navy.mil) ..... \*home page for Yokosuka Navy Base

[www.cnfj.navy.mil](http://www.cnfj.navy.mil)..... \*home page for Commander US Naval Forces Japan

<http://hro.cnfj.navy.mil>..... \*U.S. Civil Service employment information

**The following Internet sites are not specific to Yokosuka, but still contain good information:**

[www.housing.navy.mil](http://www.housing.navy.mil) ..... \*PCS House - housing information for most Navy bases (click the “PCS House” link at top of the left side index.)

[www.navy.mil/nol/](http://www.navy.mil/nol/)..... \*Navy On Line - may have links to other Yokosuka commands or Japan-related web sites

[www.thenewsanno.com](http://www.thenewsanno.com) ..... \*New Sanno Hotel - military recreation facility in Tokyo

[www.japan-guide.com](http://www.japan-guide.com) ..... \*guide to Japan

[www.ainj.com](http://www.ainj.com)..... \*Americans in Japan (there is a military section, but links to Yokosuka are broken and the narrative is out of date. Still good for cultural and practical aspects of living in Japan.

**These “local” Internet sites may be of interest:**

[www.city.yokosuka.kanagawa.jp/e/index.html](http://www.city.yokosuka.kanagawa.jp/e/index.html)..... \*Yokosuka City home page in English

[www.japantimes.co.jp](http://www.japantimes.co.jp)..... \*The Japan Times daily English newspaper

[www.jnto.go.jp](http://www.jnto.go.jp)..... \*Japan National Tourist Organization

<http://p.ccinet.jp/ynb/> ..... \*Yokosuka Ichiban – check out some shops and restaurants in Yokosuka, in English!

[www.city.yokohama.jp/en/](http://www.city.yokohama.jp/en/)..... \*Yokohama is a great place to visit! And it’s less than an hour away.

Even if you’re single and don't have any kids, these sites are still a lot of fun and educational:

[www.kids-japan.com](http://www.kids-japan.com)..... \*Kids' Japan

[www.jinjapan.org/kidsweb](http://www.jinjapan.org/kidsweb) ..... \*Kids Web Japan



# Survival Tips for Living in Japan

- Always remember to remove your shoes before stepping up from the **genkan** (entryway) area of a Japanese home into the house proper. Slippers may be provided.
- Always remove your slippers when you enter a **tatami** room in a Japanese home. Bare feet or socks only on **tatami** (straw mats).
- Smoking is prohibited on local buses and trains. Some long distance trains permit smoking in designated cars. If you smoke, please be respectful of others.
- Converse in a moderate voice when in public. Raising your voice, even if only in fun, disturbs and sometimes frightens our hosts. Additionally, use earphones with portable music players and keep your car stereo volume low when your windows are open.
- Yen is the only currency acceptable in Japanese stores or other business establishments. Japanese businesses do not accept U.S. dollars, as might have been the case in some other foreign countries you may have visited. It is helpful to keep a small amount of yen at home for emergencies (i.e. locking your keys in your car. It will cost about 10,000 yen to have someone come to your off base home and unlock your car.)
- Although bargaining is accepted and even sometimes expected in some countries, in Japan it is **not** done (except on rare occasions.)
- Tipping is a custom that is **not** followed in Japan. Please do not tip the waiters, taxi drivers, etc. off base. **The American tipping custom IS observed on base.**
- Our hosts are very fond of gift giving. When a gift is given to you, you are expected to return the favor. In addition, when you move into your new house you will be expected to give small gifts to your new neighbors, such as chocolates or other small treats.
- When riding the trains, if you have to stand, it is impolite to turn your back to a person who is sitting down. You must face the person who is sitting down. This can feel uncomfortable, especially when the train is packed, but turning your back is viewed as an insult.
- ALWAYS carry toilet paper with you. Restrooms off base may be Japanese style and usually won't have toilet paper, especially in train and subway stations.
- It is polite to use "san" after Japanese adult's name (i.e.: Suzuki-san), "chan" after a young girl's name, and "kun" (pronounced koon) after a boy's name. **Never** use these after your own name. These are honorifics, so it is impolite to "honor" yourself over another person.

# Useful Japanese Phrases

Learning spoken Japanese is not as difficult as it may seem, despite how intimidating it may sound at first. There are several options for learning the language: FFSC Workshops, language schools and language exchange (trade teaching English for Japanese.) The Japanese people appreciate your attempts to speak their language. Below is a list of a few common phrases that can be used on a regular basis. Pronunciation of vowel sounds is consistent, but a bit different than you might be used to. Refer to the chart below for the correct vowel sounds. NOTE: the (u) at the end of a word is pronounced as a short sound, almost silent, as if it has been cut off before it is completely spoken.

VOWEL	Sounds Like:	In Sample Word:
A	ah	father
I	ee	see
U	oo	too
E	eh	met
O	oh	boat

Good Morning ..... Ohayo gozaimasu

Good Afternoon..... Konnichiwa (pronounce BOTH “n” sounds!)

Good Evening..... Konbanwa

Good Night ..... Oyasumi Nasai

Good Bye ..... Sayounara

How are you?..... Ogenki desu ka?

Fine, thank you. .... Hai, genki desu.

I’m pleased to meet you..... Hajimemashite.

Nice to meet you. .... Douzo Yoroshiku.

What is your name? ..... Onamae wa nan desu ka?

My name is ..... Watashi wa .....

I don’t speak Japanese. .... Nihongo wo hanashimasen.

Please say that again. .... Mou ichido itte kudasai.

I am sorry..... Gomen nasai.

Do you speak English? ..... Eigo wo hanashimasu ka?

Do you understand? ..... Wakarimasu ka?

Yes, I understand. ....Hai, wakarimasu.

Please (Here you are.) ....Onegai shimasu (Douzo.)

Thank you. ....Doumo arigatou gozaimasu.

You are welcome. ....Doutashimashite.

I like it. ....Suki desu.

I don't like it.....Kiraï desu.

See you later!.....Mata ne!

Take care. ....Kiotsukete! (The "u" is almost silent!)

It's OK, I don't mind.....Daijobu.

I'm leaving. ....Itte kimasu!

Have a nice day.....Itte rashai! (Said to someone who is leaving)

Please come in.....Agatte kudasai!

Please wait a moment. ....Chotto matte kudasai!

# Cultural Awareness

The Yokosuka Fleet and Family Support Center offers a variety of workshops to introduce you to Japan and make your experience here a more memorable one.

**Your Japanese Home** – Tatami got you down, or mildew taking over? Come learn from our local resident experts about how to make your new “uchi” a comfortable home. We’ll take you on a field trip to a local store to point out products that can help solve common household problems and discuss temperature control without thermostats, using your “ofuro” and taking out the trash Japanese style.

**Home Visitor Program** – FFSC’s Home Visitor will make a personal visit to your home after you have attended the class, Your Japanese Home, tell you about the facilities in your neighborhood and introduce you to your Japanese neighbors.

**Japanese Language Series** – This four-part language series focuses on Japanese vocabulary and phrases needed to enjoy specific activities in Japan such as shopping, eating out, traveling and making friends. Emphasis is placed on practical language training using phrases and simple grammar structures.

**A Yen for Shopping** – Join us to learn about the shopping opportunities and deals both on and off base. We will discuss banking in Japan, finding deals at shrine sales, the various oriental bazaars and tips for shopping in other Asian ports.

**Japanese Culture Series** – An on-going series that covers various aspects of the Japanese culture including: Kimono etiquette, Furoshiki wrapping, making origami ornaments and Japanese performing arts.

**Enjoying Japanese Food** – Learn about basic Japanese ingredients, recipes and food etiquette. Join our bilingual staff on a trip to a local grocery store and traditional restaurant for lunch.

**Essential Japanese** – Join us for a brief session on the essentials of Japanese language. This class is for the true beginner and will prepare you for shopping, eating and getting around in Japan.

**Repair a Square of Shoji** – Learn the simple art of shoji repair. This hands-on class could save you a lot of Yen in move-out charges.



# Community Awareness

Fleet Activities, Yokosuka has several social organizations to help you get involved with your local base community. Feel free to take part in as many as possible. Below is a short list of some local area clubs. Be sure to check out your Command Support Group as well.

- **1800's Historical Sailing Reenactors** – Teaches educational living history through historical reenactments such as the visit by Commodore Perry to Japan in 1853.
- **Awana Club** – A Christian achievement club for boys and girls.
- **Girl Scouts/Boy Scouts** – Troops do projects, take field trips, and participate in local events.
- **PAWS** – Pets Are Worth Saving has many dogs and puppies, cats and kittens that need loving, permanent homes.
- **Kanto Plain Home Schoolers** – Monthly meetings for field trips, support group meetings and get-togethers.
- **Takusan Treasures Gift Shop** – a nonprofit organization that sells a variety of merchandise and donates its profits. Also continuously seeking volunteers.
- **Quest/QJ** – A non-denominational Christian Youth Program available to youths from 7<sup>th</sup>-12<sup>th</sup> grade, sponsored by The Chapel of Hope.
- **TOPS Club** – Learn how to Take Off Pounds Sensibly at weekly meetings at the Naval Hospital.
- **Women of the Chapel** – Involves women in the work of the Chapel by encouraging participation in worship, Bible study and community service.
- **Filipino/American Club** – Encourages community involvement by holding fundraisers to provide scholarships to local students and hosts cultural activities such as the Mayflower Festival.
- **Yokosuka Little Theater Group** – Open to all who have an interest in community theater production. Whether your talents are in acting, set construction, costume design or other theatrical fields, YLTG is looking for you!

Contact information for these groups changes periodically. Phone numbers and meeting times for these groups and others is regularly posted in the base newspaper. You can view the current weekly edition of the Seahawk/Umitaka online at <http://www.cfay.navy.mil>.

# **DoD Schools Registration Requirements**

In order to register your child (ren) in school, you will need to provide the following documentation:

**\*\*For Military Sponsors:**

- Copy of current orders
- Copy of Family Entry Approval or letter of Command Sponsorship

**\*\*For DoD Civilian Sponsors:**

- Copy of DD form 1614
- If dependents are not listed on the orders, verification of sponsorship from HRO must be provided.

**\*\*In addition to the above documents, all sponsors must provide the following:**

- Student's passport or a copy of birth certificate
- Student's social security number
- Records from former school or former school name and address
- Physical examination report for ALL students entering Sure Start and Kindergarten. You can obtain this by making an appointment with your pediatric doctor.
- DoD immunization verification form. You can obtain this from the Immunization Clinic. Yellow shot card and copies of child's medical records **WILL NOT** be accepted. For DOD's specific immunization requirements, please visit the following website:  
<http://www.odedodea.edu.communities/medical.htm>.

**A student without verification of adequate immunizations will not be allowed to register or attend school until documentation is provided.**

Kinnick High School  
PSC 473 Box 95  
FPO AP 96349  
<http://www.kinnick-hs.pac.odedodea.edu/>  
Email: [principal\\_\\*kinnick\\_hs@pac.odedodea.edu](mailto:principal_*kinnick_hs@pac.odedodea.edu)

Yokosuka Middle School  
PSC 473 Box 95  
FPO AP 96349  
<http://www.yokosuka-ms.pac.odedodea.edu/>  
Email: [principalyms@pac.odedodea.edu](mailto:principalyms@pac.odedodea.edu)

Sullivans Elementary School  
PSC 473 Box 95  
FPO AP 96349  
<http://www.sullivans-es.pac.odedodea.edu/>  
Email: [principal\\_\\*sullivan\\_es@pac.odedodea.edu](mailto:principal_*sullivan_es@pac.odedodea.edu)

# Points of Interest near Yokosuka

- Aburatsubo Marine Park – Aquarium, park and game center (near Yokosuka)
- Akihabara – Electric & Electronics City (Tokyo)
- Ameya-yokocho – Outdoor market in Ueno district (Tokyo)
- Asakusa-bashi – Doll stores (Tokyo)
- Asakusa-kannon – Huge temple (Sensoji) & traditional shopping area (Tokyo)
- Beaches and Seaside Hiking – Monkey Island, Kannonzaki, Hayama, Kamakura
- China Pete/Noritake – China sets, Japanese souvenirs, household items, pottery (Yokohama)
- China Town in Yokohama – Various restaurants and souvenir shops
- Tokyo Disneyland & Tokyo DisneySea
- Ginza Area – Shopping markets and stores (Tokyo)
- Hakone – Resort area near Mount Fuji
- Harajuku/Kiddyland & Oriental Bazaar – Ota Memorial, Ukiyoe Museum and Toy Store (Tokyo)
- Imperial Palace – Imperial Palace East Garden (Tokyo)
- Jimbocho – Bookstore district (Tokyo)
- Jogashima Island – Seaside villages, fish markets, beaches, etc. (near Yokosuka)
- Kamakura – Great Buddha, shrines, temples, etc.
- Kanagawa Ice Skating Rink (near Yokohama)
- Kanazawa Zoo (Yokohama)
- Kappa-bashi – Kitchenware stores district (Tokyo)
- Kita-Kamakura Museum – Museum of traditional clothing and fabrics of Japan (Kamakura)
- Kurihama Flower World/Adventureland – Seasonal Flower Park, herb garden, and playground.
- Meiji Shrine – Largest Shinto Shrine (Tokyo)
- Mikasa Park – Picnic park and Memorial Battleship (Yokosuka)
- National Children's Castle in Harajuku – (Tokyo)
- Nihon Minkaen Museum – Open-air museum and shrine (Kawasaki)
- Nikko – Scenic national park and temples
- Nogeyama Zoo – (Yokohama)
- Odaiba – Huge entertainment, shopping and amusement area (Tokyo)
- Roppongi – Nightlife area with stores and restaurants (Tokyo)
- Sankei-en Garden – Japanese-style garden with restored Japanese homes (Yokohama)
- Sea Paradise – Aquarium and aquatic amusement park (Yokohama)
- Shinjuku Park and Garden – Ponds, picnic area, restaurants and greenhouses (Tokyo)
- Sumo – Japanese wrestling (major tournaments in Tokyo; occasional exhibitions in Yokosuka)
- Sunshine City – Huge urban shopping and entertainment center (Tokyo)
- Tama Hills MWR Recreation Center – Archery, horseback riding, golf, etc. (near Tokyo)
- Toshimaen Amusement Park – Big waterpark and various rides and activities (Tokyo)
- Tokyo Sea Life Park – Aquariums and several waterfront attractions (near Tokyo)
- Tokyo Summerland and Sesame Place – Waterpark and Sesame Street Park (Tokyo)
- Tokyo Tower – Aquarium, Wax Museum, 3-D Art Gallery, Observation Decks, Shops & More
- Ueno Park and Zoo (Tokyo)
- Yokosuka City Museums – Depicting the history of Yokosuka, from ancient to modern times

Directions to these sites and many more can be found at and downloaded from the FFSC web site:

<http://www.cfay.navy.mil/fscycoko.htm>

# **Avoid Loss of Household Goods**

The Navy Wire Service recently reported that, under certain circumstances, a company storing your household goods (HHG) has a right to charge you for storage services and may even have the right to sell your personal property.

You can avoid these problems by working with your Personal Property Shipping Office (PPSO). Always keep them informed of any changes to your orders, your address, or other information affecting your entitlement to ship or store HHG.

Above all, contact your PPSO ahead of time if you are unable to take delivery of your HHG as originally planned. The PPSO will provide guidance and assistance in making other arrangements for continued storage of your HHG.

You may also seek guidance from the HHG Helpline at (800) 444-7789 or learn more about your entitlements by visiting the NAVSUP home page at <http://207.132.136.34/navsuphhg/>

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FFSC Yokosuka Relocation asked the PPSO Manager at FISC Yokosuka to comment on the above news report. Here is an excerpt of his reply:

A Sailor was assigned to Yokosuka with orders to a ship. The Sailor put HHG into storage, and the PRD shown on the orders was three years later. In other words, the Sailor's basic entitlement for HHG storage would be good for the next three years.

Three years later the Sailor received another set of orders to a ship home ported here but did not do anything to extend the storage entitlement. The storage expired; letters were sent to the previous command, but they were returned to the office controlling the storage contractor.

The HHG were handled out (reprocessed) at member's expense but the storage contractor was not able to contact the member.

Depending on state law, all the contractor may have to do in such a case is run a notice of unclaimed property in a newspaper for a period of required time, normally 30 days. If no response is received the contractor can then sell the property to recover the storage cost due. If the storage company recovers more than the cost due, the balance may go to the member if the case comes up within another (unspecified) period of time. On the other hand, the member may also be liable for storage cost if, by selling the goods, the company did not recover the storage cost that was due.

In our example, the member lost the property and has no recourse, even though there may have been an entitlement for storage of HHG. By doing nothing, the property was lost.

This happened to a member at [a duty station in Yokosuka] who did not keep HHG storage authorization updated, and the HHG were subsequently sold at auction.

**MORAL OF THE STORY:**            **Keep the Personal Property Office informed of any changes in your duty status!**  
**AND ... Keep a detailed inventory of your personal property.**



## CFAY Religious Ministries

### Chapel of Hope

For more information contact the Chapel of Hope at 243-6773/6774



<b>Religious Education</b>	<b>Lutheran/Episcopal Services</b>
<ul style="list-style-type: none"> <li>• Friday Mother's Group</li> <li>• Thursday Women's Bible Study</li> <li>• Wednesday Infant Baptism Prep Class (3<sup>rd</sup> Wednesday of the Month)</li> <li>• Sunday RCIA/CCD</li> </ul>	<ul style="list-style-type: none"> <li>• Saturday Worship (1<sup>st</sup> Saturdays)</li> </ul>
<b>Church of Christ</b>	<b>Anglican/Episcopal Communion Service</b>
<ul style="list-style-type: none"> <li>• Sunday Worship (CRC 2<sup>nd</sup> Deck)</li> <li>• Bible Class (CRC 2<sup>nd</sup> Deck)</li> <li>• Thursday Bible Study</li> </ul>	<ul style="list-style-type: none"> <li>• Sunday Worship (Jewish Chape)</li> </ul>
<b>Church of Jesus Christ of Latter Day Saints</b>	<b>Jewish Services</b>
<ul style="list-style-type: none"> <li>• Thu LDS Addiction Support Group</li> <li>• Thu LDS Scripture Study</li> </ul>	<ul style="list-style-type: none"> <li>• Jewish Shabbat &amp; Kiddush- Friday</li> </ul>
<b>Filipino Christian Fellowship (CRC 2<sup>ND</sup> Deck)</b>	<b>Protestant</b>
<ul style="list-style-type: none"> <li>• Sunday Worship Service</li> <li>• Sunday Prayer Meeting</li> <li>• Friday Bible Study (Rokuban Tower)</li> <li>• Saturday Worship Team Rehearsal</li> </ul>	<ul style="list-style-type: none"> <li>• Sunday Worship Service</li> <li>• Tuesday Worship Team Practice</li> </ul>
<b>Buddhist Soka Gakkai International</b>	<b>Ikego Protestant (Ikego Elementary School)</b>
<ul style="list-style-type: none"> <li>• Thursday Meeting (2<sup>nd</sup> &amp; 4<sup>th</sup> Thursday)</li> </ul>	<ul style="list-style-type: none"> <li>• Sunday Worship Service</li> <li>• Sunday Worship Team Practice</li> </ul>
<b>Orthodox Christian</b>	<b>Seventh Day Adventist</b>
<ul style="list-style-type: none"> <li>• Worship (4<sup>th</sup> Sundays)</li> </ul>	Saturday Sabbath Service (1 <sup>ST</sup> and 3 <sup>RD</sup> Saturdays)
<b>Roman Catholic</b>	<b>Gospel Praise</b>

<ul style="list-style-type: none"> <li>• Saturday Mass</li> <li>• Sunday Mass</li> <li>• Monday Mass</li> <li>• Tuesday</li> <li>• Wednesday Novena Prayer &amp; Mass</li> <li>• Thursday Mass/Novena/Adoration (1<sup>st</sup> Friday of the month ONLY)</li> </ul>	<ul style="list-style-type: none"> <li>• Wednesday choir practice</li> <li>• Sunday worship service</li> </ul>
<b>Religious Education Programs</b>	<b>Catholic Programs</b>
<ul style="list-style-type: none"> <li>• Thursday Gospel Praise Bible Study</li> <li>• Friday Pentecostal</li> <li>• Tuesday PWOC Bible Study Day (Chapel)</li> <li>• Tuesday PWOC Study Night (Chapel)</li> <li>• Wednesday Bible Study (Ikego) * Runs Sept to Dec</li> <li>• LDS Youth Group</li> <li>• Wednesday Catholic Youth Group (2<sup>nd</sup>/4<sup>th</sup> Wednesday of the month)</li> <li>• A.W.A.N.A (Runs Sept to May) Sunday Children's Ministry</li> </ul>	<ul style="list-style-type: none"> <li>• Saturday Confessions *Confessions will also be heard 30 minutes before each scheduled Mass, or by Appointment with Priest/Chaplain</li> <li>• Monday Knights of Columbus (1<sup>st</sup> &amp; 3<sup>rd</sup> Monday of the month)</li> <li>• Friday Catholic Women's Group</li> </ul>

# **Supervision of Children and**

## **Curfew Policy Statement**

Whether a dog bite, a near accident because a child was in the street, or a curious child injured in the kitchen, we are reminded daily that the world is a dangerous place obligating us to do everything we can to protect our children. As such, parents and guardians are responsible for appropriate and adequate supervision of their minor family members at all times, whether on or off base.

This policy applies to all military members, civilian employees and their family members assigned to or visiting Fleet Activities Yokosuka, and Ikego Housing Areas. Any minor violating the curfew policy will be detained by base security until his or her sponsor, guardian, or a representative of the sponsor's command comes to assume custody. Violations may provide a basis for referral to Family Advocacy and/or revocation of command sponsorship for the family.

The following policy applies to all minors:

Age of Child	Left Unattended in Quarters	Left Alone Overnight (2230-0530) (10:30PM-5:30AM)	Left in Playground Unsupervised	Left in Car Unsupervised
0-5 yrs	NO	NO	NO	NO
6-9 yrs	NO	NO	YES*	NO
10-15 yrs	YES	NO	YES	YES
16+yrs	YES	YES**	YES	YES

\*ADULT WITHIN HEARING OR VISUAL CONTACT

\*\*WITH ACCESS TO ADULT SUPERVISOR

Children under 12 years of age will not baby sit other children, including their siblings. Baby-sitters under the age of 16 may supervise until 2400 but are not allowed to sit all night or essentially all night. In addition, all children under the age of 18, unless accompanied or supervised by their parent or designated adult guardian, will remain off the streets and out of the public areas within Fleet Activities, Yokosuka, and Negishi and Ikego Housing Areas from 2230-0530 daily. However, curfew hours on Friday, Saturday, and holidays are extended to 2400-0530 only for high school seniors. Organizers of special events that may result in children returning during restricted hours will inform base security of such events.

Personality, environment, developmental progress and maturity levels are factors parents must use to determine when children are ready to accomplish activities with little or no supervision. Parents should assess their children's maturity and, if necessary, raise the minimum age limits outlined above.

Parents who have questions about this policy may contact the Fleet and Family Support Center Director at 243-9611