



ALOHA and Welcome Aboard!

It is a pleasure to welcome you and your family to the USS William P Lawrence (DDG110)!

My name is Amanda Calnan and it is my honor to serve you as the Command Family Ombudsman. I am an Official Command Representative, and my mission is to be a liaison between the service member's family and the command to ensure Family Readiness and therefore, Mission Readiness.

Ombudsmen disseminate information both up and down the chain of command, including official Navy, local base and command information. I can provide resource referrals when needed that are instrumental in resolving family issues before they require extensive command attention and I can assist during a crisis or disaster all while maintaining strict confidentiality.

WHAT CAN I HELP WITH?

Here are some examples of how I can help, either directly or connecting you with the right contact:

Resource & Referral	Red Cross Messages
Death in the Family	Financial Matters
At Risk Pregnancy	Relocation
Hospitalizations	POC During Crisis or Disaster

While it is part of the Ombudsmen Code of Ethics to maintain confidentiality, there are five instances that require immediate action and *must be reported to the Commanding Officer*:

1. All Known or suspected child abuse/neglect
2. Known or alleged domestic abuse
3. Suspected/potential homicides, violence, or life endangering situations of yourself or others
4. All suspected/potential suicidal risks
5. All alleged sexual assaults

Please be advised, ombudsmen are not mediators and we DO NOT get involved in chain-of-command matters. WE ARE NOT professional counselors, social workers, drivers or a babysitting service (but I do know where you can find them!)

HOW TO GET IN TOUCH AND STAY INFORMED?

Join our distribution list: ddg110ombuds@gmail.com

Join us on Facebook: [USS William P Lawrence \(DDG110\) Ombudsman](#)

Follow our official page: [USS William P Lawrence \(DDG110\)](#)

Text or call: 808-228-3397

If I can ever be of assistance to you and your family, please do not hesitate to reach out. Once again, welcome to DDG110 Ohana, we hope you enjoy your tour!

Don't wait for an emergency to get to know your ombudsmen!