New shipmates & family members,

Welcome to the USS McCampbell—and perhaps to the Yokosuka area! Transitions, whether mild or drastic can be a juggling act with many responsibilities and stressors; we are here to support you.

My name is Lilly Burgoyne and it is a pleasure to serve you as the Command Family Ombudsman. My responsibility is to be the liaison between the service member's family and to ensure command families receive access to Navy programs and resources.

#### I am here to:

- Serve as a point of contact to reach your Sailor when family support is needed when your service member is at sea.
- Act as a point of contact when families need information about the base and surrounding community-related concerns.
- Provide information to service members and their families regarding Command Fleet Activities Yokosuka happenings via a newsletter and a private Facebook group: USS McCampbell Ombudsman.

In order to facilitate a smooth transition to your new duty station, I have enclosed our Sailor contact form. This is the first step in connecting your significant others and families with the team available to support them. Please fill out your form and return it to CMC or email me your information.

Please feel comfortable calling/texting 090-2641-0246, Facebook messaging, or emailing at your leisure. I look forward to serving you during your time.

# **McCampbell Ombudsman Information**



#### What is an ombudsman?

An Ombudsman serves as the liaison between families and the command.

All information shared with the ombudsman is CONFIDENTIAL except in the event it relates to one of the six mandated report categories: all suspected/known child abuse/neglect - Alleged domestic abuse - Suspected or potential homicides, violence, or life-endangering situation - Suspected or potential suicidal risks - Alleged sexual assaults

- Other issues identified by the CO as reportable.

#### **Contact information:**

Email: mccampbell.ombudsman@gmail.com

Cell:090-2641-0246

Website: McCampbell Ombudsman Facebook Group

Name: Lilly Burgoyne

### What's in it for me?

Families	Single Sailors			
<ul> <li>Support with underways and deployments</li> <li>Referrals for childcare, jobs, and PCS-ing</li> <li>Up-to-date ship information from the command</li> <li>A listening ear for concerns</li> <li>Upcoming classes and base events</li> <li>Support for major life events</li> </ul>	<ul> <li>Support with underways and deployments</li> <li>Info for PCS-ing like a pro</li> <li>Up-to-date ship information for your families</li> <li>Upcoming classes and base events geared toward single sailors</li> <li>Support for major life events</li> </ul>			
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## Family Information for the Ombudsman

Sailor name:	 	
Rank/Rate:		

We will be distributing information about ship events, base resources, updates during underways/deployments, emergency preparedness tools amongst other topics. If you would like us to include your family (ex: spouse/parents) in our e-mailing list, please write their contact information below, and ask them to put in a request to join our FB group! \*You may use the space on the back of this page for any additional addresses/emails.\*

Name:	Email:	
Name:	Email:	
Name:		
Name:	LIIIaII:	

You can also email us this information anytime at: mccampbell.ombudsman@gmail.com or message the McCampbell ombudsman on Facebook.

\*Please return this bottom portion to the Command Master Chief or your ombudsman\*